

**It's not too late to register for
Turning Points in Thought From Film!**

Fridays at 6pm at the Schott Center
with Kerry Methner, PhD & Mark Whitehurst, PhD

Spring 2019 Movies:

January 18: *The Guernsey Literary and Potato Peel Pie Society* (2018) | Director: Mike Newell; Screenplay by Don Roos and Kevin Hood based on the novel by Mary Ann Shaffer and Annie Barrows | Stars: Jessica Brown Findlay, Tom Courtenay, Michiel Huisman, Matthew Goode, Lily James

January 25: *Volter* (2006) | Writer/Director: Pedro Almodóvar | Stars: Penélope Cruz, Carmen Maura, Lola Dueñas

February 1: *The Secret Life of Bees* (2008) | Director: Gina Prince-Bythewood | Screenplay: Gina Prince-Bythewood based on a novel by Sue Monk Kidd | Stars: Dakota Fanning, Jennifer Hudson, Queen Latifah

February 8: *Biutiful* (2010) | Director: Alejandro G. Iñárritu (as Alejandro González Iñárritu) | Screenplay by Alejandro G. Iñárritu, Nicolás Giacobone, and Armando Bo based on a story by Alejandro G. Iñárritu | Stars: Javier Bardem, Maricel Álvarez, Hanaa Bouchaib

February 15: No Class - Holiday

February 22: *Fugitive Pieces* (2007) | Director: Jeremy Podeswa | Writers: Anne Michaels (novel), Jeremy Podeswa | Stars: Rade Serbedzija, Rosamund Pike, Robbie Kay, Nina Dobrev, Stephen Dillane

March 1: *The Wife* (2017) | Director: Björn Runge (as Björn L Runge) | Screenplay by Jane Anderson based on the novel by Meg Wolitzer | Stars: Glenn Close, Jonathan Pryce, Max Irons

March 8: *Fire* (1996) | Writer/Director: Deepa Mehta | Stars: Shabana Azmi, Nandita Das, Karishma Jhalani



Courtesy Photo

Great discussions follow the screening of a range of thought provoking films.



Register in person at the Schott Center or on-line at: www.sbcc.edu/extendedlearning



BlackKlansman : Friday Matinee presented by the Public Library • Free • www.sbplibrary.org • Faulkner Gallery, Central Library, 1pm Fr, 1/11.

Bohemian Rhapsody: Magic Lanterns Films • \$4 • 805-966-3652 • IV Theater, 960 Embarcadero del Norte • 7 & 10 pm Fr & Mo, 1/11 & 1/14.

Rebels On Pointe: Reveals the history of Les Ballets Trockadero de Monte Carlo, an all-male drag ballet company



Courtesy photo

In *Nadie* (2017), filmmaker Miguel Coyula tells the story of love and deception in the Cuban revolution, seen through the eyes of a man who was initially mesmerized by all its possibilities. A free screening will take place on Tuesday, January 15th from 7 to 9:15pm at UCSB's Pollock Theater, followed by a post screening discussion with Miguel Coyula (writer/director/co-producer) and Lynn Cruz (actor/co-producer).

On STAGE
CENTER STAGE THEATER: **Adderley School Workshops**— Students present musical theater performances as a culmination of their recent workshop training • www.centerstagetheater.com • \$18-\$33 • 12, 1:30, 3, 4:30pm Sa, 1/19.

IV LIVE: **Improvability New Year's Show**— Embarcadero Hall, 935 Embarcadero del Norte • 805-893-4809 • \$3 • 8-10pm Fr, 1/11.

founded in New York • UCSB Arts & Lectures • Free • www.artsandlectures.ucsb.edu • UCSB Campbell Hall, 7:30pm We, 1/16.

Nadie: Tells the story of love and deception in the Cuban revolution • Free, with RSVP: www.carseywolf.ucsb.edu • UCSB Pollock Theater, 7pm Tu, 1/15.

Crazy Rich Asians: Follows a Chinese American professor who travels to meet her boyfriend's family and discovers they are among the richest in Singapore • Free • www.mcc.sa.ucsb.edu • UCSB Multicultural Theater, 6pm We, 1/16.

Beatles Revolutions: A Hard Day's Night: Captures both the building wave of Beatlemania and the sheer fun of being young, famous, and British in 1964 • Free, with RSVP: www.carseywolf.ucsb.edu • UCSB Pollock Theater, 7pm Th, 1/17.

White Boy Rick : Friday Matinee presented by the Public Library • Free • www.sbplibrary.org • Faulkner Gallery, Central Library, 1pm Fr, 1/18.

City of Gold: About the transformative power of food and food writing in how we experience where we live • \$5 • www.thealcazar.org • The Alcazar Theatre, 3pm Su, 1/20.

@sbiff's
RIVIERA THEATRE
JAN 11 - 17, 2019

OSCARS SPOTLIGHT DOCUMENTARIES

DARK MONEY	THE DISTANT BARKING OF DOGS
WON'T YOU BE MY NEIGHBOR?	MINDING THE GAP
CHARM CITY	OF FATHERS AND SONS
RBG	FREE SOLO
HALE COUNTY THIS MORNING, THIS EVENING	THREE IDENTICAL STRANGERS
ON HER SHOULDERS	SHIRKERS
COMMUNION	THE SILENCE OF OTHERS

VIEW SCHEDULE AT SBIFF.ORG OR THE SBIFF OFFICIAL APP

SHOPLIFTERS : **ROMA**

5:00pm Daily Sat, Sun 11:30am

FOR TICKETS, VISIT WWW.SBIFF.ORG AND THE THEATRE BOX OFFICE

#SBIFF

Features and Showtimes for January 11-17 ★ = Subject to Restrictions on "SILVER MVP PASSES"

www.metrotheatres.com

<p>FAIRVIEW 225 N Fairview Av, Goleta • (805) 683-3800</p> <p>★ A DOG'S WAY HOME [PG] Fri: 2:30, 4:50, 7:20; Sat & Sun: 12:10, 2:30, 4:50, 7:20; Mon to Thu: 2:30, 4:50, 7:20</p> <p>★ ON THE BASIS OF SEX [PG-13] Fri: 2:15, 5:00, 7:45; Sat & Sun: 11:30, 2:15, 5:00, 7:45; Mon to Thu: 2:15, 5:00, 7:45</p> <p>SPIDER-MAN: INTO THE SPIDER-VERSE [PG] Fri: 2:00, 4:40, 7:30; Sat & Sun: 11:20, 2:00, 4:40, 7:30; Mon to Thu: 2:00, 4:40, 7:30</p>	<p>CAMINO REAL 7040 Marketplace Dr, Goleta • (805) 968-4140</p> <p>★ REPLICAS [PG-13] 1:40, 4:20, 7:00, 9:50</p> <p>★ THE UPSIDE [PG-13] 1:50, 4:30, 7:10, 9:30</p> <p>★ ESCAPE ROOM [PG-13] Fri to Wed: 2:00, 4:40, 7:20, 9:45; Thu: 2:00, 4:40</p> <p>AQUAMAN [PG-13] 12:00, 3:10, 6:30, 9:40</p> <p>BUMBLEBEE [PG-13] Fri to Wed: 1:10, 3:50, 6:40, 9:20; Thu: 1:10, 3:50</p> <p>MARY POPPINS RETURNS [PG] 12:20, 3:20, 6:15, 9:10</p> <p>★ GLASS [PG-13] Thu: 7:15, 8:45, 10:10</p>
<p>METRO 4 618 State St, Santa Barbara • (805) 965-7684</p> <p>THE METROPOLITAN OPERA: ADRIANA LECOUVREUR Sat: 9:55 AM</p> <p>★ REPLICAS [PG-13] Fri to Sun: 2:10, 4:40, 7:15, 10:00; Mon to Thu: 2:20, 5:20, 7:50</p> <p>★ THE UPSIDE [PG-13] Fri: 12:45, 9:50; Sat: 9:50 PM; Sun: 12:45, 9:50; Mon to Wed: 1:50 PM</p> <p>★ THE UPSIDE [PG-13] Fri: 4:20, 7:00; Sat: 12:45, 4:20, 7:00; Sun: 4:20, 7:00; Mon to Wed: 4:50, 7:30; Thu: 1:50, 4:50, 7:30</p> <p>AQUAMAN [PG-13] Fri to Sun: 1:00, 9:40; Mon to Wed: 2:10; Thu: 2:10, 4:30</p> <p>AQUAMAN [PG-13] Fri to Sun: 3:30, 6:45; Mon to Wed: 4:30, 7:40</p> <p>BOHEMIAN RHAPSODY [PG-13] Fri: 2:00, 5:00, 8:00; Sat: 5:00, 8:00; Sun to Wed: 2:00, 5:00, 8:00</p> <p>BOHEMIAN RHAPSODY [PG-13] Thu: 2:00 PM</p> <p>★ GLASS [PG-13] Thu: 7:00, 9:55</p> <p>★ GLASS [PG-13] Thu: 8:20 PM</p>	<p>PASEO NUEVO 8 W. De La Guerra Pl, Santa Barbara • (805) 965-7451</p> <p>★ ON THE BASIS OF SEX [PG-13] Fri to Sun: 12:40, 3:40, 6:30, 9:20; Mon to Thu: 1:50, 5:00, 8:00</p> <p>VICE [R] Fri to Sun: 12:50, 3:50, 6:45, 9:50; Mon to Thu: 2:00, 4:40, 7:40</p> <p>THE MULE [R] Fri to Sun: 12:30, 4:20, 7:00, 9:40; Mon to Thu: 2:10, 5:20, 8:10</p> <p>GREEN BOOK [PG-13] Fri to Sun: 1:20, 3:20, 6:15, 9:10; Mon to Thu: 2:20, 4:50, 7:50</p>
<p>THE HITCHCOCK CINEMA & PUBLIC HOUSE 371 S Hitchcock Wy, Santa Barbara • (805) 682-6512</p> <p>IF BEALE STREET COULD TALK [R] 2:15, 5:00, 7:45</p> <p>MARY QUEEN OF SCOTS [R] 1:45, 4:40, 7:30</p>	<p>ARLINGTON 1317 State St, Santa Barbara • (805) 963-9580</p> <p>MARY POPPINS RETURNS [PG] 1:30, 4:30, 7:30</p> <p>FIESTA 5 916 State St, Santa Barbara • (805) 963-0455</p> <p>★ A DOG'S WAY HOME [PG] Fri to Sun: 12:00, 2:20, 4:40, 7:00, 9:20; Mon to Thu: 2:40, 5:00, 7:30</p> <p>★ ESCAPE ROOM [PG-13] Fri to Sun: 1:50, 4:15, 6:50, 9:30; Mon to Thu: 3:00, 5:30, 8:00</p> <p>BUMBLEBEE [PG-13] Fri to Sun: 1:20, 4:00, 6:40, 9:15; Mon to Thu: 2:00, 4:40, 7:20</p> <p>SPIDER-MAN: INTO THE SPIDER-VERSE [PG] Fri to Sun: 1:00, 3:40, 6:20, 9:00; Mon to Thu: 2:30, 5:10, 7:50</p> <p>THE FAVOURITE [R] Fri to Sun: 2:30, 5:15, 8:00; Mon to Thu: 2:05, 7:40</p> <p>RALPH BREAKS THE INTERNET [PG] Fri to Sun: 11:45 AM; Mon to Thu: 4:50 PM</p>

Let's Go To The MOVIES

NORTH S.B. COUNTY THEATRES

Movie Listings for 1/11/19-1/17/19

"FIESTA TUESDAY SPECIAL" - \$6.50 pp
"REEL DEAL" (first show every day of Movies Lompooc); \$7.00 pp

MOVIES LOMPOC (805) 736-1558 / 736-0146
All Screens Now Presented in Dolby Digital Projection and Dolby Digital Sound!
Now Accepting Master Card • Visa • Discover

AQUAMAN - PG13
DAILY 3:00-6:00-9:00
SAT-SUN 12:00-3:00-6:00-9:00

ESCAPE ROOM - PG13
DAILY 2:00-4:30-7:00-9:30
No Fiestas - Sony Policy SAT-SUN 11:30-2:00-4:30-7:00-9:30

SPIDER-MAN: INTO THE SPIDER-VERSE - PG
DAILY 2:00-4:30-7:00-9:30
No Fiestas - Sony Policy SAT-SUN 11:30-2:00-4:30-7:00-9:30

BUMBLEBEE - PG13
DAILY 2:00-4:30-7:00-9:30
SAT-SUN 11:30-2:00-4:30-7:00-9:30

HI-WAY DRIVE-IN, SANTA MARIA
(805) 937-3515 SWAPMEET EVERY SUNDAY
BUMBLEBEE -PG13 Starts @ 7:00pm
AQUAMAN -PG13
Find Us On Facebook - Hi Way Drive In
www.playingtoday.com

Parks Plaza Buellton Movies

Movie Listings for 1/11/19-1/17/19

A DOG'S WAY HOME (PG)
No Fiestas - Sony Policy FRI 2:15 4:45 7:15 9:30
SAT-SUN 11:45 2:15 4:45 7:15 9:30
MON-WED 2:15 4:45 7:15

THE MULE (R)
FRI 2:00 4:30 7:00 9:30
SAT-SUN 11:30 2:00 4:30 7:00 9:30
MON-WED 2:00 4:30 7:00

SECOND ACT (PG-13)
SAT-SUN 1:00 2:00 4:30
FRI MON-WED 2:00 4:30

VICE (R)
FRI-SUN 7:00 9:45
MON-WED 7:00

AQUAMAN (PG-13)
FRI-SUN 1:00 4:00 7:00 9:45
MON-WED 1:00 4:00 7:00

MARY POPPINS RETURN (PG)
FRI-SUN 1:00 4:00 7:00 9:45
MON-WED 1:00 4:00 7:00

All Shows before 5:30pm are \$8 and REEL DEAL (first show every day at Parks Plaza Theatre) \$7. Movies and times subject to change. General Admission \$11, Seniors \$8, Child \$8
Find Us On Facebook - Parks Plaza Theatre
www.playingtoday.com

Buellton • 805-688-7434

SB TICKET

Your Guide to everything Santa Barbara

~ January 11th to January 20th ~

Friday, Jan 11th

CHILDREN & TEENS

DROP-IN OPEN PLAY W/ YOUR CHILD

Pre-Shabbat open play time • Bronfman Family Comm Ctr, 524 Chapala St • 805-957-1115 • 10:30-Noon Fr.

DANCE

DISTANCE & DESIRE

Presented by SB Dance Theatre • Hatlen Theater, UCSB • \$12-30 • www.theaterdance.ucsb.edu • 8pm Fr, Sa 1/11-1/19, 2pm Su, 1/20.

THE DANCE HUB - VINYASSA YOGA

With Jen Green • The Dance Hub, 22 E Victoria St • \$18 • www.adam-bsb.org • 8:30-9:50am, Fr.

THE DANCE HUB - STRETCH AND PLACEMENT

With Stephanie Miracle • The Dance Hub, 22 E Victoria St • \$18 • www.adam-bsb.org • 9-10am, Fr.

THE DANCE HUB - DANCE IMPROVISATION

With Hannah Ruth Brothers • The Dance Hub, 22 E Victoria St • \$18 • www.adam-bsb.org • 7-9pm, Fr.

HEALTH

STYLES OF GRIEVING

A New Approach to Coping with Dying & Bereavement led by Judy Stevens Long • Hilton SB Beachfront Resort, San Rafael Rm • Free • www.hospiceofsantabarbara.org • 4-6pm Fr, 1/11.

LOSS OF A LOVED ONE

Presented by Visiting Nurse and Hospice Care • Call for Location: Naala 805-690-6296 • Free • www.vnhcsb.org • 2-3pm 2nd & 4th Fr.

NEW TO GRIEF

Presented by Visiting Nurse and Hospice Care • Call Anthony for Location: 805-690-6201 • Free • www.vnhcsb.org • 2-3pm 2nd Fr.

FOUNDATION PROGRAM

Meditation study program • Mahakankala Buddhist Ctr, 508 Brinkerhoff Av • Included w/ \$75 Membership • 805-563-6000 • Tu, Fr, 7-9pm.

JOYFUL YOGA, LEVEL 1-2, GENTLE

Props provided • Unity Chapel, 227 E Arrellaga St • \$13/\$15 • Info: www.taniaisaac.com • 10am-11:30am Mo, Fr.

NUTRITION CLASSES

With a registered dietitian • SY Valley Cottage Hospital, 2050 Viborg Rd • Free • www.cottagehealth.org/classes-events/ • 12-1pm Fr.

QIGONG/ TAI CHI ON THE BEACH

Easy stress reducing practices to restore Balance & Harmony • Linden City Beach, Carpinteria • \$12-\$18 • 805-705-3426 • www.QigongSB.com • 9:30-10:30am Fr.

LECTURES & WORKSHOPS

A CONVERSATION WITH JON BATISTE

Presented by UCSB Department of Music in partnership w/ UCSB Arts & Lectures • Geiringer Hall, UCSB • Free • www.events.ucsb.edu • 2-3pm Fr, 1/11.

SEATED WINE TASTING WITH KYM SLONE

Chocolate & Wine Pairings • Jamie Slone Wines, 23 E De La Guerra St • \$20-35 • RSVP 805-560-6555 • 3-4pm Fr, 1-2pm Sa, 5-6pm Su.

MUSIC

JON BATISTE

Jazz artist presented by UCSB Arts & Lectures • UCSB Campbell Hall • \$15-45 • www.artsandlectures.ucsb.edu • 8pm Fr, 1/11.

BEN RECTOR

Kids Helping Kids Benefit Concert • Granada Theatre • \$34-429 • www.granadasb.org • 7pm Fr, 1/11.

MARIACHI LOS CAMPEROS

Presented by ¡Viva El Arte de Santa Bárbara! • Isla Vista School, 6875 El Colegio Rd, Isla Vista • Free • www.artsandlectures.ucsb.edu • 7pm Fr, 1/11.

GO TO HALE: QUIPS & CLIPS LEGENDARY MUSIC COLLABORATIONS

Film collage ft. musical artists from the 60's to present • Lobero Theatre • \$15-20 • www.lobero.org • 6:57pm Fr, 1/11.

BOBBY JO VALENTINE

Part of the Cambridge Drive Concert Series • Cambridge Drive Community Church, Goleta • \$15-18 • 805-964-0436 • 7:30pm Fr, 1/11.

STEVIE NICKS ILLUSION

A Tribute to Stevie Nicks & Fleetwood Mac, Ages 21+ • SOhO • \$10 • www.sohosb.com • 8:30pm Fr, 1/11.

SOCIAL

FRIDAY FAMILY TIME @ THE JCC

Bronfman Family Jewish Comm. Ctr, 524 Chapala St • 805-957-1115x109 • 10:30-11:30am Fr.

LGBTQ YOUTH GROUP

Pacific Pride Fdn Office #A-12 • Free • 805-963-3636 • 4-5:30pm Fr.

SIERRA CLUB FRIDAY HIKE

Meet active new people in a healthy setting • Free • Time & departure points: 805-965-9719 • 6:15pm Fr.

SPECIAL EVENTS

VIGIL FOR FREEDOM

W/SB Coalition for Freedom and local organizations • De la Guerra Plaza • Free • www.sbaact.org/sbfcf • 5:30-6:30pm Fr, 1/11.

WFC 98 LIVE CHAMPIONSHIP BOXING

Samala Showroom, Chumash Casino Resort • \$35-95 • www.chumashcasino.com • 6pm Fr, 1/11.

CARRILLO COMEDY NIGHT

L.A.'s best comedians Jeff Johnson, Omar Covarrubias, Steve Mazan • 110 E. Carrillo St • \$15 • 805-897-2519 • 8pm Fr, 1/11.

Saturday, Jan 12th

CHILDREN & TEENS

MAGIC TREE HOUSE ADVENTURES

Learn about places featured in the *Magic Tree House* series • Faulkner Gallery, Central Library • Free • www.sblibrary.org • 2-3:30pm Sa, 1/12.

CACHUMA LAKE JUNIOR RANGER PROGRAM

Kids earn a badge & learn about the natural environment • Lake Cachuma Nature Ctr • \$3+\$10 parking • 805-688-4515 • 12:30-1:30pm Sa.

DANCE

DISTANCE & DESIRE

Presented by SB Dance Theatre • Hatlen Theater, UCSB • \$12-30 • www.theaterdance.ucsb.edu • 8pm Fr, Sa 1/11-1/19, 2pm Su, 1/20.

WORLD DANCE FOR HUMANITY

SB Dance Center, 127-A W Canon Perdido St • \$10 • 805-966-5439 • 9:15-10:30am Sa, Su.

HEALTH

FALUN GONG PRACTICE

Alameda Park • Free • 805-683-7554 • 8-10am Sa.

SATIVA YOGA

Strength & consciousness • Alchemy Arts Ctr, 35 W Haley St • \$15 • 805-899-8811 • 11:30am-12:45pm Sa.

QIGONG/ TAI CHI ON THE BEACH

Easy stress reducing practices to restore Balance & Harmony • Linden City Beach, Carpinteria • \$12-\$18 • 805-705-3426 • www.QigongSB.com • 9:15-10:15am Sa.

LECTURES & WORKSHOPS

CERAMIC STUDIO SATURDAYS

Students of all skill levels create ceramics over 2 Saturdays • SB Museum of Art's McCormick House, 1600 Santa Barbara St • \$70-80 • register.sbma.net • 10am-1pm Sa 1/12.

YOUTH MENTAL HEALTH FIRST AID WORKSHOP

Earn a 3-year certification • Mental Wellness Center, 617 Garden St • Free • www.bethdifferencesb.org • 8:30am-5pm Sa, 1/12.

MANY MANZANITAS

Learn about manzanitas native to CA • SB Botanic Garden • \$10-25 • www.sbbg.org • 10:30am-Noon Sa, 1/12.

PHOTO BOOT CAMP

UCSB Professional & Continuing education class taught by Christopher Broughton • UCSB • \$500 • www.professional.ucsb.edu/brooks • 9am-3pm Sa, 1/12-2/9.

WRITING WORKSHOP WITH JODIE HOLLANDER

Poetry, Memory, and Childhood • Art City Gallery & Studios, 197 Dubbers St, Ventura • \$50 • RSVP: www.thesquarefoundation.org • 10-2pm Sa, 1/12.

MUSIC

THE SANTA BARBARA JUBILEE

Benefit concert for Notes for Notes, Youth Interactive, and the Ensemble Theatre Co Youth Education • New Vic, 33 W. Victoria St • \$49 • www.etsb.org • 4pm Sa, 1/12.

JOHNNYSWIM

Kids Helping Kids Benefit Concert • Granada Theatre • \$34-429 • www.granadasb.org • 7pm Sa, 1/12.

TOMORROWS TULIPS & REVERBERATION RADIO

Arlington Theatre • \$20-40 • www.axs.com • 8pm Sa, 1/12.

SB MUSIC CLUB CONCERT

Ft. Neil Di Maggio, Andria Di Maggio, Nicole McKenzie, and Betty Oberacker • First Methodist Church, 305 Anapamu • Free • www.sbmusicclub.org • 3pm Sa, 1/12.

MAN MAN

21+ • SOhO • \$15-18 • www.sohosb.com • 9pm Sa, 1/12.

KING BEE

Rock n' Roll • Dargan's Irish Pub, 18 E Ortega St • Free Entry • www.kingbeesb.com • 8:30pm Sa, 1/12.

SMOKE ON WATER

Live Music and food available for purchase • Lake Cachuma Marina • Free, \$10 Parking • www.countyofsb.org • Noon-7pm Sa.

MUSIC AT THE PLAZA

Live Music from various musicians • La Cumbre Plaza • www.shoplacumbre.com • Noon-3pm Sa.

SINGER LUCA ELLIS

The singing style, phrasing & intonation of Frank Sinatra • Hotel Californian, Balckbird Restaurant • 805-882-0100 • Free • 6:30-9:30pm Sa.

OUTDOORS

MANY MANZANITAS WALKING TOUR

Tour SBBG's manzanita collection w/ Horticulturist Bruce Reed • SBBG Grounds • \$10-\$25 • www.sbbg.org • 10:30am-12pm Sa, 1/12.

WINTER WALK

Lotusland members and their guests only • Lotusland • Members & Guests: \$40 • Reservations: 805-969-9990 • 1:30-3:30pm Sa, 1/12.

ARCHITECTURAL WALKING TOURS

2-hour guided walking tours • \$10 • Res: 805-965-6307 • 10am Sa (from City Hall Steps) & 10am Su (from Central Library).

CACHUMA LAKE NATURE WALK

Half-mile on Don Wimpess Nature Trail • Nature Ctr • Free/Parking is \$10 • 805-688-4515 • 10-11:30am Sa.

SOCIAL

ONESIE BAR CRAWL 2019

World's most comfortable bar crawl • Check-In: Wildcat Lounge, 15 E Ortega • \$10-30 • www.welovepubcrawls.com • 6pm Sa, 1/12.

GO CLUB

Learn the ancient Chinese game GO • Coffee Bean & Tea Leaf Cafe, De La Vina St & State St • Free • Noon, Sa.

SHINKANAN TEAHOUSE & GARDEN

Tea ceremony by Teahouse volunteers • Botanic Garden • Free with admission • 11am-1pm 2nd Sa.

SPECIAL EVENTS

IMPROVOLOGY

W/ Dr. Sarah Otterstrom of Paso Pacifico and improv comedians • Discovery Pavilion, SB Zoo • \$12-15 • www.sbzoo.org • 7:30pm Sa, 1/12.

MONTECITO RISING

An evening of community and connection w/ the SB Bucket

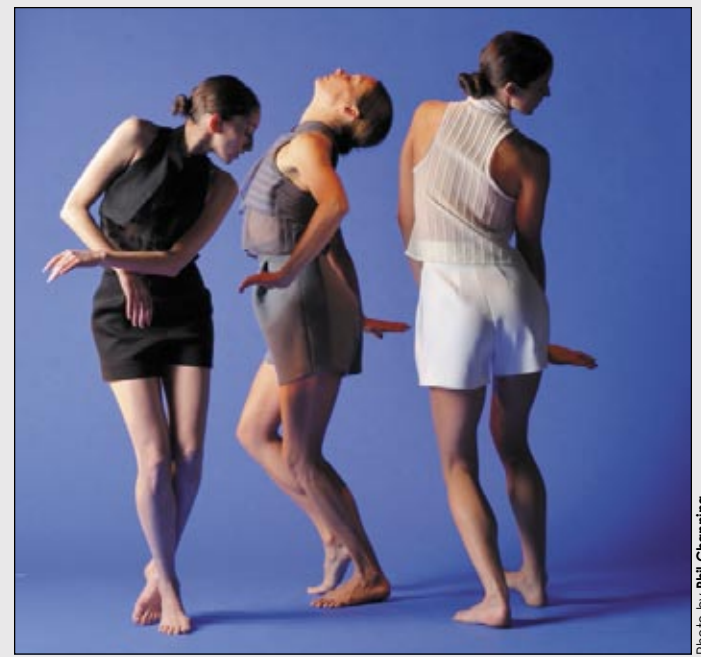


Photo by Phil Channing

Santa Barbara Dance Theater will present *Distance and Desire* under the direction of artistic director Christopher Pilafian. Guest artists Josh Manculich and Yusha-Marie Sorzano and a special guest appearance by the NYC-based Doug Elkins Dance Company are part of the high-energy program that takes place at 8pm Friday through Saturday, January 11th and 12th, 18th and 19th, as well as 2pm Sunday, January 20th at UCSB's Hatlen Theater. Tickets (\$12-27) are available at www.theaterdance.ucsb.edu.

El Santa Barbara Dance Theater presentará *Distancia y deseo* bajo la dirección del director artístico Christopher Pilafian. Los artistas invitados Josh Manculich y Yusha-Marie Sorzano y una presentación especial por parte de la Compañía de Danza Doug Elkins, con sede en la ciudad de Nueva York, forman parte del programa de alta energía que se llevará a cabo a las 8pm del viernes y sábado, 11, 12, 18 y 19 de enero, y a las 2pm del domingo, 20 de enero en el Teatro Hatlen de UCSB. Los boletos (\$12-\$27) están disponibles en www.theaterdance.ucsb.edu.

Brigade • 3695 Cindy Ln, Bldg A, Carpinteria • \$100+ • give.sbbucketbrigade.org • 6pm Sa, 1/12.

HAITI GIRL POWER: MUSIC FOR THE MAISON

All-day celebration to benefit the Maison des Jasmis • Carrillo Rec Ctr and Center Stage Theatre • \$10/\$15/\$20 • www.MaisonDJ.com • 11:15am, 3pm, & 7pm Sa, 1/12.

FOOD FOR THE JOURNEY

A winter cabaret of movement, music, comedy, and poetry • Fishbon Pescadrome, 101 S Quarantina St • \$11 • Roaming Theatre Collaborative • 7pm Sa, 1/12.

ARTS FAIR

Make and experience art • Garden Street Academy • RSVP: ajevons@gardenstreetacademy.org • 10am-Noon Sa, 1/12.

STAR PARTY

W/ guest astronomers from the SB Astronomical Unit • Palmer Observatory, SB Museum of Natural History • Free • www.sbnature.org • Dusk-10pm 2nd Sa.

FAMILY FOOD BANK VOLUNTEERS

Help sort canned goods & produce • Foodbank Warehouse, 4554 Hollister Av • Register for time slot: 805-967-5741 • 2nd Sa.

FERNALD MANSION TOUR

Presented by the Santa Barbara Historical Museum • 414 W Montecito St • Free-\$10 • 805-966-1601 • 11am-Noon Sa.

SATURDAY FARMER'S MARKET

Downtown, Santa Barbara St & Cota St • Free • 8:30am-1pm Sa.

SPORTS

THORSON 30 MINUTE DECATHLON & YOUTH TRIPLE

Decathletes attempt a 10-event, 30 minute challenge • Westmont College • Free • 10am-12:30pm Sa, 1/12.

Sunday, Jan 13th

CHILDREN & TEENS

CHILDREN'S MEDITATION CLASS

Practice happiness & mindfulness • Mahakankala Buddhist Ctr, 508

Brinkerhoff Av • \$10 • 805-563-6000 • 9-10am Su.

STORYTIME AT MCA

Stories about art & artists' adventures • Museum of Contemporary Art, Paseo Nuevo • Free • 805-966-5373 • 1:30pm Su.

DANCE

SB DANCE TRIBE

Gustafson Dance Studio • \$15 • 805-403-3439 • 11am-1pm Su.

WORLD DANCE FOR HUMANITY

SB Dance Center, 127-A W Canon Perdido St • \$10 • 805-966-5439 • 9:15-10:30am Sa, Su.

CONTRA DANCE FOR ALL

With live music • Carrillo Ballroom, 100 E Carrillo St • \$12/\$5 • Info: 805-699-5101 • www.sbcads.org • 6:10-9:30pm Su.

HEALTH

MEDITATION FOR WORLD PEACE

Buddhist teachings & meditations • Mahakankala Buddhist Ctr, 508 Brinkerhoff Av • \$10 • 805-563-6000 • 10:30-11:45am Su.

HEARING VOICES? HAVING VISIONS?

Confidential support group • 110 La Paz Av 2nd fl. • Free • 805-252-0483 • 4-5:30pm Su.

LECTURES & WORKSHOPS

A WILD LIFE

Multimedia presentation by wildlife photographer/filmmaker Bertie Gregory, presented by UCSB Arts & Lectures • UCSB Campbell Hall • \$10-20 • www.artsandlectures.ucsb.edu • 3pm Su, 1/13.

EKPHRATIC POETRY WORKSHOP

W/ Squire Foundation Artist in Residence Jodie Hollander • SBCAST, 513 Garden St • \$50 • www.squirefoundation.org • 10am-2pm Su, 1/13.

REDRAWING THE BOUNDARIES

Parallel Stories Lecture Series w/ Rachel Cusk • Mary Craig Auditorium, SB Museum of Art • \$5-10 • tickets.sbma.net • 12:30pm Su, 1/13.

Search for *all* Southern Santa Barbara County Real Estate at

www.villagesite.com

Where Everyday is an Open House

STUDIO SUNDAY

Reimagine Manual Álvarez Bravo's *Calabaza y Caracol* (Squash and Snail) • Family Resource Ctr, SB Museum of Art • Free • www.sbma.net • 1:30-4:30pm Su, 1/13.

NARRATIVE NONFICTION & FICTION WORKSHOP

4 Sessions w/ literary agent and editor Toni Lopopolo • Private Home in SB • \$265 • 215-353-1151 • 1pm Su, 1/6-1/27.

MAMA LUMA ARTS AND CRAFTS WORKSHOP

Art workshops for kids • Mama Luma, 203 Paseo Nuevo • Free w/ reservation • www.mamaluma.com • Noon, 3pm, & 6pm Su.

MUSIC

MARIACHI LOS CAMPEROS

Presented by ¡Viva El Arte de Santa Bárbara! • Marjorie Luke Theatre • Free • www.artsandlectures.ucsb.edu • 4 & 7pm Su, 1/13.

JANICE MANN TRIO

Presented by the SB Jazz society • SOhO • \$5-25 • www.sbjazz.com • 1-4pm Su, 1/13.

LARRY PATTIS

SOhO • \$15 • www.sohosb.com • 7pm Su, 1/13.

THE BLACK MARKET TRUST

An American Traditional Pop/Vocal Jazz group from Los Angeles • Center Stage Theatre • \$28 • www.centerstagetheater.org/ • 3pm Su, 1/13.

TOM BALL AND KENNY SULTAN

Guitar & harmonica • Cold Springs Tavern, 5995 Stagecoach Rd • Free Entry • www.coldspringstavern.com • 1:15-4pm Su.

BOB LEDNER JAZZ TRIO

A wide variety of jazz during Bellini Brunch • Belmond El Encanto • 11am-2pm Su.

OUTDOORS

OCEAN DUCKS SWIM: FOUR PALMS TO

Red Hut • Butterfly Beach Stairs • Free • 805-569-1220 • 9am Su.

WEST WIND PUBLIC MARKET

SB Swapmeet offers fresh produce, new and used goods, & food • 907 S. Kellogg Ave • 805-967-4591 • \$1.25 adults / Children Free • 7am-2pm Su.

SUNDAY FARMERS MARKET

Fresh produce & goods • Camino Real Marketplace, 7004 Marketplace Dr • 805-962-5354 • Free • 10am-2pm Su.

SPECIAL EVENTS

MONTHLY DEVOTIONAL RETREAT

"Getting off to a good start" with Rev. Karen • The Ojai Retreat, 160 Besant Rd • \$20 Suggested Donation • www.karenswyllie.com • 11am-2pm Su, 1/13.

TRAVEL EXTRAVAGANZA

Presented by Travel Store • Earl Warren Showgrounds • \$5 • Tanya Bryant: 805-963-6521 • 1-4pm Su, 1/13.

ARROYO BURRO BEACH CLEAN UP

Volunteer & make a contribution to a cleaner planet • Arroyo Burro Beach • Free • 805-884-0459x13 • Noon-2pm 2nd Su.

Monday, Jan 14th

CHILDREN & TEENS

NATURE ADVENTURES WINTER CLASSES

Explore the world of forensics and learn to be a detective. For ages 2-12 • SB Museum of Natural History & Sea Center • \$125-\$145 • <https://camps.sbnature.org/> • 1/14-3/7.

HOMEWORK HELP

Trained volunteers assist students • Central Library • Free • 805-564-5603 • 3:30-6:30pm Mo, Tu, Th • 2:30-5:30pm We.

COMEDY CLUB FOR TEENS

Teen comedians grades 7-12 • Bronfman Family Jewish Community Ctr, 524 Chapala St • Free • 805-957-1117 • 4:15pm Mo.

DANCE

INTERNATIONAL STANDARD BALLROOM

SB Dance Center, 127-A W Canon Perdido St • \$15 • 805-966-5439 • 6pm Mo.

BALLROOM BASICS W/ DERRICK & TRUDIE

SB Dance Center, 127-A W Canon Perdido St • \$15 • 805-966-5439 • 5:30pm Mo.

THE DANCE HUB - INTERMEDIATE BALLET

With Susan Manchak • The Dance Hub, 22 E Victoria St • \$18 • www.adam-bsb.org • 10-11:30am, Mo.

ZUMBA WITH JOSETTE

Carillo Ballroom, 100 E Carrillo St • \$15-150 • www.josettetkacik.com • 5:30pm Mo-Fr, 11:15am Sa.

AIRE DANSE FOUNDATIONS

SB Dance Center, 127-A W Canon Perdido St • \$11-210 • 805-966-1409 • 5:30-6:30pm Mo, 5:15-6:15pm We.

HEALTH

JOYFUL YOGA, LEVEL 1-2, GENTLE

Props provided: blocks, blankets & straps • Unity Chapel, 227 E Arrellaga St • \$13/\$15 • Info: www.taniaisaac.com • 10:30am-Noon Mo.



Photo courtesy of UCSB Arts & Lectures

A passionate advocate for the natural world, British photographer/filmmaker Bertie Gregory will share footage and stories from his time camping with wolves in Vancouver, pursuing peregrine falcons in London, tracking leopards in the streets of Mumbai, and more in his National Geographic Live multimedia presentation *A Wild Life* on Sunday, January 13th, at 3pm at UCSB Campbell Hall. For tickets (\$10 UCSB students/\$20 general public) visit www.ArtsAndLectures.UCSB.edu

Un apasionado defensor del mundo natural, el fotógrafo / cineasta británico Bertie Gregory compartirá imágenes e historias de su tiempo acampando con lobos en Vancouver, persiguiendo halcones peregrinos en Londres, rastreando leopardos en las calles de Mumbai y más en su presentación multimedia de National Geographic Live titulada *Una vida salvaje* el domingo, 13 de enero, a las 3pm en UCSB Campbell Hall. Para boletos (\$10 para estudiantes de UCSB / \$20 para el público en general) visita www.ArtsAndLectures.UCSB.edu

HAPPINESS & MEDITATION HOUR

Tools to facilitate the elimination of stress & foster peace • Goleta Library, 500 N Fairview Av • Free • 805-964-7878 • 5-5:30pm Mo.

ENHANCE YOUR BRAIN POWER

Puzzles, games, & memory enhancement exercises • Friendship Ctr, 89 Eucalyptus Ln • \$50 includes lunch • 10am-2pm Mo.

EASY YOGA

Easy Yoga for all ages with Carole Baral • Bronfman Family Jewish Ctr, 524 Chapala St • Free • 805-957-1115 • 12:30-2pm Mo.

GLAUCOMA & HEARING SCREENING

Cottage Hosp., Eye Ctr • Free • 805-569-8264 • 11am-1pm Mo & 2:30-4:30pm Th.

SUNSET TAI CHI ON THE BEACH

Easy stress reducing practices to restore Balance and Harmony • Linden City Beach, Carpinteria • \$12-\$18 • 805-705-3426, www.QigongSB.com • 4:15-5:15pm Mo.

VNHC CAREGIVERS SUPPORT GROUP

Confidential place to take a break from caregiving • Visiting Nurse & Hospice Care, 509 E Montecito St • Free • 805-690-6261 • 11am-12:30pm 2nd & 4th Mo.

LECTURES & WORKSHOPS

SCIENCE PUB – SUNDOWNER WINDS IN SB

Presented by SB Museum of Natural History • Dargan's Irish Pub, 18



Santa Barbara Ghost Tours

Walk with Professor Julie as she shares **tales of mystery and history...** & meet **friendly spirits...**

Call or text to schedule your walking tour! • **805-905-9019**

E. Ortega St • Free • 805-682-4711 ext. 170 • 6:30-8:30pm Mo, 1/14.

MUSIC

GIRLS ROCK SANTA BARBARA

After school rock band private and small group lessons. Girls 7-17 yrs old • 3111 Mackenzie Adult Building • \$150 per 10 week session • <http://www.girlsrocksb.org> • 1/14-3/21.

SOCIAL

PFLAG CHAPTER MEETING

What's It Like Inside an LGBTQ Family, for the Parents and the Children? • First United Methodist Church, 305 E. Anapamu St • Free • <http://www.pflagsantabarbara.org/> • 7pm Mo, 1/14.

LEARN TO PLAY BRIDGE

Beginners, intermed, advanced • SB Bridge Ctr, 2255 Las Positas Rd • \$15 • Schedule/info: 805-687-1777 • www.sbridge.org • 7-9pm Mo.

SCRABBLE FUN FOR ALL LEVELS

Fun for all ages • Davis Ctr, De La Vina St & Victoria St • Free • 805-897-2568 • 1pm Mo.

ITALIAN CONVERSATION GROUP: PARIAMO

Practice Italian • Arnoldi's, 600 Olive St • Free • www.parliamo.yolasite.com • 5:30-7pm Mo.

SPECIAL EVENTS

PUBLIC MARKET LOCALS NIGHT

Merchant specials, games, prizes, & fun • Public Market, Victoria St at Chapala St • Free • 5pm to closing Mo.

SB ELECTRONIC RECYCLING

South Coast Recycling & Transfer Station, 4430 Calle Real • Free • 805-681-4345 • 7am-5pm Mo-Sa.

SPORTS

SWEAT SB FITNESS LUNCHTIME FITNESS

45-minute classes taught by rockstar instructors and trainers • Carrillo Rec Center, 100 E Carrillo St • \$12-60 • sweatsfitness@gmail.com • 12:05-12:50pm Mo-Fr.

ADULT LAP SWIM

Los Baños Pool, 401 Shoreline Dr • \$7/\$6 • 805-966-6110 • 7:30am-9am Mo-Fr / Noon-2pm Mo-Su.

Tuesday, Jan 15th

CHILDREN & TEENS

BUILD WITH LEGOS

Children can build all kinds of creations which will then be put on display • Goleta Library, 500 N Fairview Av • Free • 805-964-7878 • 3:30-4:30pm 3rd Tu.

TECH TUESDAYS

Learning through doing • Central Library • Free • 805-564-5606 • 4pm Tu.

PRESCHOOL STORYTIME

Early literacy enrichment for ages 3-5 • Central Library • Free • 805-564-5606 • 10:30am Tu.

STORYTIME FOR AGES 3-7 & FAMILY

Central Library • Free • 805-564-5606 • 5:30pm Tu.

PAWS TO READ

Children read to a trained therapy dog • Goleta Library, 500 N Fairview • Free • Drop in: 805-964-7878 • Tu & Th.

DANCE

MOMENTUM DANCE COMPANY

Open dance classes with LA instructors in Hip Hop, Jazz, & Contemporary • 316 A State St • \$25/\$30 • 805-364-1638 • 6:30-8pm Tu.

WORLD DANCE FOR HUMANITY

Women's exercise class brings together world dance & music • SB Dance Ctr, 127 W Canon Perdido St • \$10 • 805-636-4410 • 6pm Tu.

COUNTRY DANCES OF ENGLAND

Dances from an earlier time • First Presbyterian Church, 21 E Constance Av • \$5 • www.sbeds.org • 7:15-9:30pm Tu.

INTERNATIONAL LATIN CHOREOGRAPHY

1046 Coast Village Rd • \$20 • 805-941-0407 • 6:15pm Tu.

COUNTRY NIGHT

Line dancing lessons • Baja Sharkeez, 525 State St • Free • 8pm Tu.

HEALTH

LOSS OF A SPOUSE OR PARTNER

Led by Mara Petrick, MSW, LCSW • Presented by Visiting Nurse & Hospice Care • Free w/ registration • Call for location: 805-690-6296 • 2-3:30pm Tu, Through 2/12.

JOINT PAIN SEMINAR

Dr. Christopher Birch will discuss treatment options for hip and knee pain • Santa Ynez Valley Marriott, 555 McMurray Rd • Free • RSVP: 1-855-366-7246 • 5:30-7pm Tu, 1/15.

CENTERING PRAYER MEDITATION

Centering Prayer group formerly located at La Casa de Maria • Friends Meeting House, 2012 Chapala St • Free • www.lacasademaria.org • 10:30-11:30am Tu.

HEALING THE LOSS OF AN ADULT CHILD

Support Group • Hospice of SB, 2050 Alameda Padre Serra #100 •

Free w/ registration • 805-563-8820 • Afternoon, Tu.

FOUNDATION PROGRAM

Meditation study program • Mahakankala Buddhist Ctr, 508 Brinkerhoff Av • Included w/ \$75 Membership • 805-563-6000 • 7-9pm Tu, Fr.

YOGA AT THE HUB

Weekly yoga sessions led by Kylie Wagner • Impact Hub Downtown, Back Patio • 805-284-0078 • 2-3pm Tu.

MOTHER'S CIRCLE BREASTFEEDING SUPPORT

Drop-in support and breastfeeding info • SB Cottage Hospital, Women's Services Conf Rm • Free • 805-682-7111 • 3:30-4:30pm Tu.

HAVE CHALLENGES IN YOUR LIFE?

Use the Wellness Recovery Action Plan to make positive changes in your life • 617 Garden St, 2nd fl • Free • 805-252-0483 • 6-7:30pm Tu.

CAPOEIRA CLASS

Afro-Brazilian martial art • Westside Dance, 2009 De La Vina St • \$15 • 805-280-9742 • 6:15pm Tu.

LUNCHTIME BREATHING MEDITATION

Mahakankala Buddhist Ctr • \$5 • 805-563-6000 • 12:30-1pm Tu.

LECTURES & WORKSHOPS

ANGER MANAGEMENT CLASSES

12-week Psychoeducational Group • New Beginnings Counseling Ctr • \$20/session • Sign up: 805-963-7777 x177 • 6-7:30pm Tu, through 1/29.

ASSISTANCE WITH EBOOK & AUDIOBOOKS

Drop-in • Central Library • Free • 805-564-5604 • 4-6pm Tu.

INTERMEDIATE BRIDGE CLASS

SB Bridge Ctr, 2255 Las Positas Rd • \$15 • www.sbridge.org • 1-3pm & 7-9pm Tu.

ADVANCED BRIDGE CLASS

SB Bridge Ctr, 2255 Las Positas Rd • \$15 • www.sbridge.org • 10am-Noon Tu.

MUSIC

ITZHAK PERLMAN

with Rohan De Silva on Piano in a CAMA concert. Pre-Concert Lecture by Kostis Protopapas at 6pm • Granada Theatre • \$39-\$119 • www.granadasb.org • 7pm Tu, 1/15.

THE AMERICAN CROSSROADS TRIO

An evening of spontaneity, discovery and musical virtuosity with David Bromberg, Larry Campbell, & David Hidalgo • Lobero Theatre • \$36-\$105 • 805-963-0761 • www.Lobero.org • 8pm Tu, 1/15.

THE BROTHER BROTHERS

All ages • SOhO • \$12-\$15 • www.sohosb.com • 8pm Tu, 1/15.

LIVE JAZZ AT THE PICKLE ROOM

Cougar Estrada & John Schnackenberg • The Pickle Room, 126 E Canon Perdido St • Free • 7pm 3rd Tu.

SOCIAL

SOCIAL JUSTICE BOOK CLUB

Books examining current social injustices and prejudices • Central Library • Free • www.splibrary.org • 6pm 3rd Tu.

SABLE GATHERING

Meeting of Santa Barbara Lavender Elders/Mayores, bring your own brown bag lunch • Pacific Pride Foundation office, 608 Anapaca St #A • Free • www.pacificpridefoundation.org • 11:30am-1pm 3rd Tu.

DOWNTOWN NIGHT BOWLS

Night lawn bowling lessons & play, presented by SB Lawn Bowls Club • Spencer Adams Park, 1216 De La Vina St • Free • 805-636-9748 • 5:30-7:30pm Tu.

SCHMOOZE ROOM CAFE FOR SENIORS

Food, entertainers, speakers • Bronfman Family Comm Ctr, 524 Chapala St • 805-957-1115 • 12-1:15pm Tu.

BILLIARDS CLUB

Come shoot pool, all levels welcome • Bronfman Family Comm Ctr, 524 Chapala St • 805-957-1115 • 2:30-4:30pm Tu.

Rachel Cusk will offer a new, compelling model of storytelling in an interview with Andrew Winer, fellow writer, friend, novelist, and Chair of Creative Writing at UC Riverside. *Redrawing the Boundaries: Rachel Cusk* is set for Sunday, January 13th, from 2:30 to 4pm in SBMA's Mary Craig Auditorium. A book signing of her *Outline Trilogy* will follow. Tickets (\$5 SBMA Members / \$10 general) are available at <https://tickets.sbma.net/>.

Rachel Cusk ofrecerá un nuevo y convincente modelo de narración en una entrevista con Andrew Winer, compañero escritor, amigo, novelista y Presidente de Escritura Creativa en UC Riverside. *Redibujando los límites: Rachel Cusk* está programado para el domingo, 13 de enero, de 2:30 a 4pm en el auditorio Mary Craig del Museo de Arte de Santa Barbara. Después seguirá una firma de libros de *Outline Trilogy*. Los boletos (\$5 para miembros de SBMA / \$10 en general) están disponibles en <https://tickets.sbma.net/>.




Courtesy: photos



Photo courtesy of www.mlksb.org

The Martin Luther King, Jr. Committee of Santa Barbara is hosting the Martin Luther King, Jr. Weekend of Events at various venues from Thursday, January 17th to Monday, January 21st to honor Rev. King and his legacy. The festivities kick off with the MLK Jr. Eternal Flame program on Thursday, January 17th at 12pm at UCSB's Buchanan Courtyard.

El Comité Martin Luther King, Jr. de Santa Bárbara será el anfitrión del Fin de Semana de Eventos Martin Luther King, Jr. en varios lugares, desde el jueves, 17 de enero hasta el lunes, 21 de enero para honrar al reverendo King y su legado. Las festividades se inician con el programa de la Llama eterna MLK Jr. el jueves, 17 de enero a las 12pm en el patio Buchanan de UCSB.

SB TICKET

Your Guide to everything Santa Barbara ~ Continued

DANCE

SQUARE DANCE CLUB: ALL AGES WELCOME

St. Mark United Methodist Church, 3942 La Colina Rd • \$10 • 805-686-1108 • 6-7:30pm (Beginners); 7:30-9:30pm (Club Dancers) We.

CONCIOUS DANCE W/ DJ MARCELINO

SB Dance Ctr, 127-A W Canon Perdido • \$15 • 805-966-5439 • 7:30pm We.

COUNTRY DANCE WITH DJ JEFF ROCK

Line dancing, two-step & swing tunes as well as today's hottest hits • Butler Events Ctr, 5555 Hollister Av • \$5 • 6pm We.

AIREDAENSE FOUNDATIONS

SB Dance Center, 127-A W Canon Perdido St • \$11-210 • 805-966-1409 • 5:30-6:30pm Mo, 5:15-6:15pm We.

HEALTH

YOGA IN THE GARDEN

Watch the diverse and beautiful bird species • SBBG Pritzlaff Conservation Center Gallery & Patio • Free-\$10 • www.sbbg.org • 4:15-5:15pm We, 1/16.

OVERCOMING OUR OWN ANGER

Perfect for beginners or those with meditation experience • Mahakankala Buddhist Ctr, 508 Brinkerhoff Av • \$10 • www.meditationinsantabarbara.org • 6:30-7:30pm We.

SUMMERLAND EVENING YOGA

Hatha 1 Yoga with Bob Andre • Summerland Church, 2400 Lillie Av • Free-\$15 • 5:30-7pm We.

DIABETES CONSULTATION

Cost covered by most insurance companies • SB Cottage Hosp • 805-569-8240 • 1-4pm We, Th.

HEART SMART LECTURE SERIES

SB Cottage Hosp • Free • 805-569-7201 • 10-11am We.

APHASIA RECOVERY GROUP

Cottage Rehab Hosp • \$15 • 805-569-8999 x82330 • 10-11am We.

GENTLE HATHA YOGA

Bronfman Family Jewish Ctr, 524 Chapala Dr • Donation • 805-957-1115 • 10:30-Noon We.

LUNCHTIME GUIDED MEDITATION

Relaxation & stress relief • Mahakankala Buddhist Ctr, 508 Brinkerhoff Av • \$5 • 805-563-6000 • 12:30-1pm We.

HEALTH & WELL BEING MEDITATIONS

Mahakankala Buddhist Ctr, 508 Brinkerhoff Av • \$10 • 805-563-6000 • 6:30-7:30pm We.

LECTURES & WORKSHOPS

LEAGUE OF WOMEN VOTERS OF SB FORUM

Homelessness and Housing- Updating Our Local Position. Bring a brown bag lunch • SB Public Library, Faulkner Gallery • Free • https://my.lwv.org/california/santa-barbara • 12-2pm We, 1/16.

ART IN ENVIRONMENTAL ACTIVISM

Artist talk and discussion panel in honor of the 50th anniversary of the Santa Barbara Oil Spill. Presented by The Squire Foundation • Central Library, Faulkner Gallery • Free • 805-564-5604 • 6-7:30pm We, 1/16.

LAND TRUST LUNCH & LEARNS

The Wonders of the Arroyo Hondo Preserve with Sally Isaacson, Land Trust Education Coordinator • 1528 Chapala St., Rm 305 • Free • RSVP: jstroh@slandtrust.org • 12:30-1:30pm We, 1/16.

ARROYO HONDO DOCENT ORIENTATION

Become a volunteer docent at the Arroyo Hondo Preserve • Arroyo Hondo Preserve • Free • RSVP: www.slandtrust.org/ahpdocent2018/ • 12:30-1:30pm We, 1/16.

ASSISTANCE WITH EBOOK & AUDIOBOOKS

Drop-in • Central Library • Free • 805-564-5604 • 10am-12pm We, Fr, Sa.

1 MILLION CUPS

Startup founder presents for 6 minutes, followed by a 20-minute Q&A session with the audience • Eastside Library • Free • www.1millioncups.com/santabarbara • 9-10am We.

MUSIC

BENEFIT FOR SBHS

Music of The Night • SOhO • \$15 • www.sohosb.com • 7pm We, 1/16.

COUNTRY NIGHT

Country dancing; line dance, two-step & swing tunes! • Creekside Restaurant & Bar, 4444 Hollister Av • \$5 • 8pm We.

KARAOKE THE BAND

Dargan's Irish Pub, 18 E Ortega St • Free • 8:30pm We.

OUTDOORS

MORNING BIRD WALK

Watch the diverse and beautiful bird species • SBBG Grounds • \$5-\$15 • www.sbbg.org • 8:30-10am We, 1/16.

FARMERS MARKET

SB Cottage Hosp Courtyard • Free • Noon-5pm We.

SOCIAL

GO CLUB

Learn the ancient Chinese game GO • Coffee Bean & Tea Leaf Cafe, De La Vina St & State St • Free • 6pm to closing We.

KNITTING & CROCHETING GROUP

Goleta Library • Free • 805-964-7878 • 2-4pm We.

WINE DOWN HAPPY HOUR

Relax with friends & a glass of wine • Impact Hub, 1117 State St • \$10 • Info: 805-284-0078 • 4:30pm We.

ESL CONVERSATION GROUP

English language learners practice with native speakers • Central Library Adult Literacy Ctr • Free • 805-564-5619 • 5:30-6:30pm We.

SPECIAL EVENTS

WEDNESDAY FARMER'S MARKET

Solvang Village, Copenhagen Dr & 1st St, Solvang • Free • 2:30-6:30pm We.

Thursday, Jan 17th

CHILDREN & TEENS

CODING LAB: INTRO TO PYTHON

For ages 14-16 w/ intermediate coding experience • Central Library • Free w/ Reservation: www.sbpilibrary.org • 4-5pm Th, Through 1/31.

WIGGLY STORYTIME

For toddlers 1-3 • Central Library • Free • 805-564-5606 • 10:30am Th.

DANCE

SALSA BACHATA & KIZOMBA DANCE

2 hours dance lessons & 2 hours social dancing • Butler Event Ctr, 5555 Hollister Av • \$7/\$5 • 805-915-8652 • 8pm Th.

LACORE LATIN DANCE FITNESS CLASS

With Yulia Maluta • SB Athletic Club, 520 Castillo St • Info: (760) 271-7183 • 6:30-7:30pm Th.

HEALTH

SURVIVORS OF SUICIDE

Support group for those grieving a loved one • Hospice of SB • Free • 805-563-8820x110 • 5:30-7pm 1st & 3rd Th.

ENHANCE YOUR BRAIN POWER

Games & memory exercises • Friendship Ctr, 820 N Fairview Av • \$125 • 805-722-1306 • \$50 includes lunch • 9:30-1:30pm Th.

BEYOND OVEREATING

Skills for long-term weight management for women • 5276 Hollister #457 • \$120/month • 805-403-9585 • 6-7:30pm Th.

DEPRESSION & ADDICTION SUPPORT

Newhouse 3, Quinto St & Bath St • Free • 805-895-2079 • 8-9pm Th.

GLAUCOMA & HEARING SCREENING

Cottage Hosp. Eye Ctr • Free • 805-569-8264 • 11am-1pm Mo & 2:30-4:30pm Th.

SPEECH & MOVEMENT ENHANCEMENT

Cottage Rehab Hosp • \$15 • 805-569-8999 • 10-11am Th.

CULTIVATE A JOYFUL MIND

Guided lunchtime meditation • Mahakankala Buddhist Ctr, 508 Brinkerhoff Av • \$5 • 805-563-6000 • 12:30-1pm Th.

LECTURES & WORKSHOPS

WRITING IN THE GALLERIES

Writers of all levels welcome. led by author Sameer Pandya • SB Museum of Art • Free w/ Reservation: communityprograms@sbma.net • 5:30-7pm Th, 1/17.

TRAIL TALK - BACKCOUNTRY ADVENTURES

Denise Knapp recounts her backcountry adventures in Los Padres National Forest • Central Library, Faulkner Gallery • Free • 805-564-5604 • 6:30-8pm Th, 1/17.

IPAD 101-LESSON & HANDS ON

Breast Cancer Resource Ctr, 55 Hitchcock Wy, #101 • Free • 805-569-9693 • 1:30-3pm 1st & 3rd Th.

WILDERNESS HIKING SPEAKER SERIES

Topics relating to hiking, backpacking, and the natural history of our area • Central Library • Free • 805-564-5603 • 6:30pm, 3rd Th.

ASSISTANCE WITH EBOOK & AUDIOBOOKS

Drop-in • Central Library • Free • 805-564-5604 • 4-6pm Th.

MUSIC

THE MATTSON 2

SOhO • \$15/\$18 • www.sohosb.com • 9pm Th, 1/17.

FOLK ORCHESTRA OF SANTA BARBARA

Telegraph Brewing Company, 418 N Salsipuedes St • Free Admission • www.telegraphbrewing.com • 8-10pm Th.



Courtesy photo

A Community-Wide Musical Celebration of Freedom event in honor of Martin Luther King, Jr. will feature the sounds of the Red Sea Rhythm Rockers, the Unity Inspirational Ensemble, and the Shir Chadash Choir at a special MLK Shabbat service on Friday, January 18th at 7:30pm at Congregation B'nai B'rith. Doors open at 7pm. www.cbbsb.org.

Un evento de Celebración de la libertad musical de toda la comunidad en honor a Martin Luther King, Jr. presentará los sonidos de los Rockers Rhythm del Mar Rojo, el Unity Inspirational Ensemble y el Coro Shir Chadash en un servicio especial de MLK Shabbat que tendrá lugar el viernes, 18 de enero a las 7:30pm en la Congregación B'nai B'rith. Las puertas se abrirán a las 7pm. www.cbbsb.org

Soul Series for Nurses: Once a month, on Friday afternoons, nurses will gather to draw upon Elizabeth Ann Robinson's book, *The Soul of the Nurse* to deepen their knowledge of the history of the nursing profession, discuss archetypes, pre-history, popular culture, and the original writings of Florence Nightingale. Each class session stands alone and is unique, covering different topics. The first session is scheduled for Friday, January 18th from 1 to 5:30pm at 735 State St. A CE credit certificate will be awarded at the end of class. \$60 per session. To register email SpannRobinson@gmail.com

Serie de alma para las enfermeras: Una vez al mes, las tardes de los viernes, las enfermeras se reunirán para revisar el libro de Elizabeth Ann Robinson, *El alma de la enfermera* para profundizar su conocimiento de la historia de la profesión de enfermería, discutir arquetipos, la prehistoria, la cultura popular y los escritos originales de Florence Nightingale. Cada sesión es independiente, única, y cubrirá diferentes temas. La primera sesión está programada para el viernes, 18 de enero de 1 a 5:30pm en 735 State St. El certificado de crédito CE se otorgará al final de la clase. \$60 por sesión. Para registrarse manda un correo electrónico a SpannRobinson@gmail.com

Courtesy photo



SPECIAL EVENTS

ART FOR THE HEART FUNDRAISER

Raise funds for the American Heart Assoc. • A Crimson Holiday, 121 S Hope Ave • Free • www.acrimsonholiday.com • 5-8pm Th, 1/17.

REGIONAL BUSINESS AWARDS

Honoring the Large & Small business, Non-Profit, Business Woman & Business Man of the Year • Four Seasons Biltmore, 1281 Channel Dr • \$100 • www.sbcchamber.org • 11:30am-1:30pm Th, 1/17.

AN EVENING WITH GLORIA ALLRED

A benefit for standing together to end sexual assault • Lobero Theatre • \$36.50-\$256.50 • www.lobero.org • 7:30pm Th, 1/17.

MLK JR. ETERNAL FLAME PROGRAM

UCSB Buchanan Courtyard • Free • www.mlksb.org • 12pm Th, 1/17.

THURSDAY FLEA MARKET

Earl Warren Showgrounds • www.snaauctions.com • Free • 8am-3pm Th.

THURSDAY FARMER'S MARKET

Carpinteria • Free • 3-6:30pm Th.

SOCIAL

VETERANS SUPPORT GROUP

Express your thoughts about military experience • Friendship Center, 89 Eucalyptus Ln • Free • 805-969-0859 • 2-3:30pm 3rd Th.

SPORTS

THE RUNDOWN

A fun and easy run around downtown SB • Santa Barbara Running, 110 Anacapa St • Free • www.sbrunningco.com • 6-7pm Th.

Friday, Jan 18th

DANCE

SWING DANCES

Beginning lesson at 7:30 before the dance • Carillo Recreation Center • \$8-15 • 805-698-0832 • 7:30pm 1st and 3rd Fr.

LECTURES & WORKSHOPS

GROW YOUR OWN

Learn how to grow California native plants vegetatively from cuttings • SBBG Arroyo Room & Blakley Library • \$5-\$45 • www.sbbg.org • 1-4pm Fr, 1/18.

MUSIC

MATTHEW PERRYMAN JONES

With Molly Parden • All ages • SOhO • \$15 • www.sohosb.com • 7pm Fr, 1/18.

THE DEVEROS

The Growups, Cuddlefish • SOhO • \$5 • www.sohosb.com • 9:30pm Fr, 1/18.

MUSICAL CELEBRATION OF FREEDOM

In honor of Martin Luther King, Jr., featuring the sounds of the Red Sea Rhythm Rockers, the Unity Inspirational Ensemble, and the Shir Chadash Choir • Congregation B'nai B'rith, 1000 San Antonio Creek Rd • Free • www.cbbsb.org • 7:30pm Fr, 1/18.

OUTDOORS

PUBLIC VIEWING OF THE STARS

Westmont Observatory • Free • 805-565-6272 • 7:30pm 3rd Fr.

SPECIAL EVENTS

COASTAL FUND MAJOR GRANTS DEADLINE

Opportunity for you to receive funding for a project to protect the coastline • Application available at www.coastalfund.org • Fri, 1/18.

THE KAVLI BRAIN SHOWCASE

Featuring eight 10-minute talks by faculty, followed by 6 short presentations by postdocs • UCSB Campus • Free • RSVP for times by email: cmtaylor@ucsb.edu • Fri 1/18.

Saturday, Jan 19th

LECTURES & WORKSHOPS

BUDDHISM AND PSYCHEDELICS

Complementary Paths to Free the Mind? w/ author & Western Buddhist scholar Allan Badiner • Unity of Santa Barbara, 227 E. Arrellaga St • \$30/\$35 • www.entheoedecine.org • 6-8:30pm Sa, 1/19.

NAPLES, A TALE OF TWO CITIES WITH NEAL GRAFFY

Presented by the SB County Genealogical Society • First Presbyterian Church, 21 E. Constance at State St • Free • 9:30am-12:30pm Sa, 1/19.

100-YEAR HISTORY OF CAMA

Lecture featuring historian Hattie Beresford • Central Library, Faulkner Gallery • Free • https://camasb.org • 2pm Sa, 1/19.

MUSIC

RED HOT MAMA

Concert featuring songs made famous by Sophie Tucker and others • Rubicon Theatre, 1006 E. Main St., Ventura • \$35-\$55 • 805-667-2900 • 8pm Sa & 2pm Su, 1/19 & 1/20.

PETER HARPER

All ages • SOhO • \$10/\$12 • www.sohosb.com • 6pm Sa, 1/19.

THE SANTA BARBARA SYMPHONY

Two performances of *Pictures at an Exhibition* conducted by Nir Kabaretti • Granada Theatre • \$29-\$135 • www.thesymphony.org/ www.granadasb.org • 8pm Sa & 3pm Su, 1/19 & 1/20.

OUTDOORS

ARROYO HONDO PRESERVE OPEN WEEKEND

W/ docent-led nature hikes • Arroyo Hondo Preserve • Free w/ Reservation: 805-567-1115 • 10am-3pm, Sa & Su 1/19 & 1/20.

VOLUNTEER DAY

Help with habitat restoration and basic trail maintenance • Arroyo Hondo Preserve • Free • RSVP: arroyohondo@slandtrust.org • 9am-12:30pm Sa, 1/19.

SOCIAL

SANTA BARBARA REPUBLICAN LUNCHEON

What Happened and Now What Do We Do? by Dr. Barbara Stone. Installation of officers • La Cumbre Country Club • Free • 805-684-3858 • 11:30am Sa, 1/19.

SPECIAL EVENTS

UNDERWATER PARKS DAY FESTIVAL

Promotes ocean awareness and stewardship with educational and interactive activities for ages • Free • Sea Center, 211 Stearns Wharf • www.sbnature.org • 10am-3pm Sat, 1/19.

WOMEN'S MARCH - SANTA BARBARA

Truth to Power • De La Guerra Plaza • Free • 11:30am-1:30pm Sa, 1/19.

SATURDAY MARKETPLACE

Artisans, food, musical guests • Bonita Beach & Botanic, 2325 Lillie Av, Summerland • Free • 11am-4pm 3rd Sa.