

# SR TICKET

YOUR WEEKLY CALENDAR  
• MARCH 17 - MARCH 26 •



Courtesy photo

The enchanting world of orchids, with their thousands of delicate varieties, scents, colors, and patterns, will transform Earl Warren Showgrounds into a modern-day Eden during the Santa Barbara International Orchid Show's 72nd annual Orchid Mystique from 9am to 5pm Friday, March 17th through Sunday, March 19th.

El fascinante mundo de las orquídeas, con sus miles de variedades delicadas, olores, colores y patrones, transformará el Earl Warren Showgrounds en un moderno Edén durante la Exposición internacional de la orquídea en Santa Barbara, con tema de *la Mística de la orquídea*, de 9 a 5pm desde el viernes, 17 de marzo hasta el domingo, 19 de marzo.



## FRI. 3/17

### DANCE

**BASSHI! 2017 SHOWCASE OF SOCIAL DANCE**  
Choreographed by local dance professionals • The New Vic, 33 W Victoria • \$25/\$20 • 965-5400 • 7:30pm Fr, 3/17-18 & 2pm Sa, 3/18.

### SB DANCE TRIBE

Gustafson Dance Studio • \$10 • 705-3683 • 8:30-10:30am Fr.

**SB DANCE CENTER: HECTOR & DANNIELLE**  
Salsa! • \$15 • info@santabarbaradancecenter.com • 127 W Canon Perdido St • 7pm begin; 8pm Advanced, Fr.

### HEALTH

**STROKE SOCIALIZATION GROUP**  
Cottage Rehab Hosp • Free • 569-8999x82101 • 10am-noon, Fr.

### TAI CHI/QIGONG AT THE BEACH

With Jessica Kolbe • Linden Av beach, Carp • \$10-\$15 • 705-3426 • www.QigongSB.com • 10-11am Fr.

### NUTRITION & DIABETES CLASS

Santa Ynez Valley Cottage Hosp • Free • 694-2351 • Noon-1pm Fr.

### YOGA & MINDFUL MOVEMENT

Relaxation techniques • La Casa de Maria, 800 El Bosque Rd • \$12 • 969-5031 • 9-10:15am Fr.

### MUSIC

#### CAMERATA PACIFICA

World class performances of Schumann, Ewazen & Dvorak • Hahn Hall Music Academy • 884-8410 • 7:30pm Fr, 3/17.

#### RICKIE LEE JONES

With Madeleine Peyroux • Arlington Theatre • \$35-\$42 • 963-4408 • 8pm Fr, 3/17.

#### UCSB GOSPEL CHOIR

Lotte Lehmann Concert Hall • \$10/\$5 • 7:30pm Fr, 3/17.

#### ST. PATTY'S DAY

With Young Million, Feral Vida & Friends • SOhO • \$10/\$12 • 962-7776 • 9pm Fr, 3/17.

#### SPENCER & THE WORRIED LADS!

St. Patty's Day bash • SOhO • \$5 • 962-7776 • 5:30pm Fr, 3/17.

#### THE MAC TALLEY TRIP

Carr Winery, 414 N Salspuedes St • Free • 6-8pm Fr, 3/17.

#### THE HARMED BROTHERS

Standing Sun Winery LIVE, 92 2nd St, Buellton • \$17/\$12 • 691-9413 • 7:30pm Fr, 3/17.

### SOCIAL

#### FRENCH CONVERSATION

Practice French conversation skills • Montecito Library • Free • 969-5063 • 2-3pm 3rd Fr.

#### KNITTING CIRCLE

With the adult coloring book group • Central Library • Free • 564-5659 • Noon-2pm 1st Friday.

#### SPANISH CONVERSATION GROUP

Montecito Library, 1469 East Valley Rd • Free • 969-5063 • 1:30 Fr.

#### FRIDAY FAMILY TIME @ THE JCC

Bronfman Family Jewish Comm. Ctr, 524 Chapala St • 957-1115x109 • 10:30-11:30am Fr.

#### LGBTQ YOUTH GROUP

Pacific Pride Fdn Office #A-12 • Free • 963-3636 • 4-5:30pm Fr.

#### SIERRA CLUB FRIDAY HIKE

Meet active new people in a healthy setting • Free • Time & departure points: 965-9719 • 6:15pm Fr.

### SPECIAL EVENTS

#### SB INTERNATIONAL ORCHID SHOW

One of the country's largest celebrations of orchids • Earl Warren Showgrounds • \$14/\$12 • 9am-5pm Fr, 3/17-19.

#### PUBLIC VIEWING OF THE STARS

Westmont Observatory • Free • 565-6272 • 7:30pm 3rd Fr.

## SAT. 3/18

### DANCE

#### STATE STREET BALLET YOUNG DANCERS

*A Celebration of Dance* • Lobero Theatre • \$14-\$35 • 963-0761 • 7pm Sa, 3/18.

#### LABLAST DANCE

SB Dance Center, 127-A W Canon Perdido St • \$15 • 899-2901 • 11am-12pm Sa.

### HEALTH

#### FALUN GONG PRACTICE

Alameda Park • Free • 683-7554 • 8-10am Sa.

### SATTVA YOGA

Strength & consciousness • Alchemy Arts Ctr, 35 W Haley St • \$15 • 899-8811 • 11:30am-12:45pm Sa.

### LECTURES & WORKSHOPS

#### ARTIST TOM PAZDERKA & MAIZA HIXSON

Lively conversation about artists & how they survive • Architectural Foundation of SB • Garden St & Victoria St • Free • 965-6307 • 2pm Sa, 3/18.

#### BRIGADIER GENERAL FRED R LOPEZ TALK

What Santa Barbara Was Like During WWII: A Military History • Genealogical Society • 21 E Constance Av • Free • 886-5438 • 11am Sa, 3/18.

#### INTRO TO BENEFICIAL INSECTS

With Frederique Lavoipierre • Botanic Garden, 1212 Mission Cyn Rd • \$40/\$25 • 682-4726 • 10am-noon Sa, 3/18.

#### LEARNING FROM ALICE KECK PARK GARDENS

Ideas for drought-conscious home gardens • Class begins at SBCC Schott campus, 310 W Padre • Register: 687-0812 • 9-noon Sa, 3/18.

#### EDIT 103: EXPORTING MEDIA

Learn how to export your media for different playback platforms • TVSB, 329 S Salinas St • \$15 • 571-1721 • 10:30am Sa, 3/18.

#### CREATIVE JOURNALING, SHARING FEELINGS

Write, draw, listen, share & laugh • 126 E Haley St A-10 • Free • 252-0483 • 1:30-3pm Sa.

### MUSIC

#### SEASONS OF VIVALDI & PIAZZOLLA

Santa Barbara Symphony with violinist Philippe Quint • Granada Theatre • \$29-\$134 • 899-2222 • 8pm Sa, 3/18 & 3pm Su, 3/19.

#### PIANIST WARREN JONES

Gives an Opera Santa Barbara masterclass • Alhacama Theatre, 914 Santa Barbara St • Free • 898-3890 • 1:30-3pm Su, 3/19.

#### SB HIGH SCHOOL JAZZ CONCERT

Bandboosters fundraiser with silent auction, appetizers & wine • Lobero Theatre Tent • \$10/\$5 • Info: 966-9101 • Noon-3pm Sa, 3/18.

#### BROADWAY CONCERT SERIES

Jennifer Leigh Warren sings Bassey, Holiday & Simone • Rubicon Theatre, Ventura • \$55/\$35 • 667-2900 • 2 & 8pm Sa, 3/18 & 2pm Su, 3/19.

#### ONE NIGHT ONLY: KYTD 1976

SOhO • \$15 • 962-7776 • 7pm Su, 3/18.

### OUTDOORS

#### ARCHITECTURAL WALKING TOURS

2-hour guided walking tours • \$10 • Res: 965-6307 • 10am Sa (from City Hall Steps) & 10am Su (from Central Library).

#### CACHUMA LAKE NATURE WALK

Half-mile on Don Wimpres Nature Trail • Nature Ctr • Free/ Parking is \$10 • 688-4515 • 10-11:30am Sa.

### SOCIAL

#### CONVERSATIONAL SPANISH GROUP

Speak Spanish, however imperfectly, to improve skills • Alice Keck Park Memorial Gardens, 1500 Santa Barbara St • Free • 3pm Sa.

#### GO CLUB

Learn this ancient Chinese game GO • Coffee Bean & Tea Leaf Cafe, De La Vina St & State St • Free • Noon, Sa.

### SPECIAL EVENTS

#### ROARING 20S FUNDRAISING AUCTION

Dinner, cocktails, auctions live music & dancing to benefit Garden Street Academy • La Cumbre Country Club • \$125 • 680-1536 • 5pm Su, 3/18.

#### CALIFORNIA ESTATES AUCTION

Items include antiques, jewelry & silver, from the estate of Roy W. Yeabsley • 8597 Ventura Av • 649-2686 • www.calauctioneers.com • 10am-noon, Sa-Su, 3/18-19.

## SUN. 3/19

### CHILDREN & TEENS

#### CHILDREN'S MEDITATION CLASS

Practice happiness & mindfulness • Mahakankala Buddhist Ctr, 508 Brinkerhoff Av • \$10 • 563-6000 • 9-10am Su.

### MOVIES & THEATRE... 13



Courtesy photo

Tribal Instinct: **Caiflin Davis, Lauren Hovey, Karyn Laver, Colleen Mayer, Hector Ruckel, Bethany Sutherland, and Kyle Ybarra**

Showcasing a wide variety of social dance genres choreographed by local dance professionals, BASSHI! 2017 will take audiences on a global dance tour at the New Vic Theater, at 7:30pm Friday, March 17th and at 2 and 7:30pm Saturday, March 18th.

Exhibiendo una amplia variedad de géneros de danza social coreografiados por profesionales de la danza locales, BASSHI! 2017 llevará al público a una gira mundial de baile en el Teatro New Vic, a las 7:30pm el viernes, 17 de marzo, ya las 2 y 7:30pm el sábado, 18 de marzo.

### STORYTIME AT MCA

Stories about art & artists' adventures • Museum of Contemporary Art, Paseo Nuevo • Free • 966-5373 • 1:30pm Su.

### DANCE

#### CONTRA DANCE FOR ALL

With live music • Carrillo Ballroom, 100 E Carrillo St • \$12/\$5 • Info: 699-5101 • www.sbcds.org • 6:10-9:30pm Su.

### HEALTH

#### HATHA YOGA

With Jeannette Weisskopf • Various nature & garden parks • Free • Details: 452-0706 • 9:30am Su.

#### MEDITATION FOR WORLD PEACE

Buddhist teachings & meditations • Mahakankala Buddhist Ctr, 508 Brinkerhoff Av • \$10 • 563-6000 • 10:30-11:45am Su.

#### HEARING VOICES?

Weekly confidential group meeting • Downtown location • Free • Info: 252-0483 • 3-4pm Su.

#### TIBETAN BUDDHIST CHANTING

Vairotsana Foundation, 1524 Anacapa St • Free • 10am Su.

### LECTURES & WORKSHOPS

#### PAUL HANSMA TALK

*Retrain your Brain Away from Chronic Pain* • Goleta Library, 500 N Fairview Av • Free • 964-7878 2pm Su, 3/19.

#### INTRO TO BEEKEEPING

Learn ways to start beekeeping & honey bee benefits • La Casa de Maria, 800 El Bosque Rd • \$95 • 969-5031 • 9:30-3:30pm Su, 3/19.

#### MARION SCHLINGER TALK

*Mesmerizing Monarchs in Our Midst* • Neal Taylor Nature Center at Lake Cachuma, Hwy 154 • Free w/ admission to park • 2-3pm Su, 3/19.

#### JANICE BROWN BOOK SIGN

*Rumorang* • Chaucer's Books, 3321 State St • Free • 682-6787 • 2pm Su, 3/19.

### MUSIC

#### FIVE FOR FIGHTING WITH STRING QUARTET

With Marie Miller. Poignantly sharp songs that cut deeper than a Ginsu knife • Lobero Theatre • \$30/\$35 • 963-0761 • 8pm Su, 3/19.

### LENTEN ORGAN SERIES WITH LISA HAM

Music Director/Organist, First Presbyterian Church, Burbank • First United Methodist Church, 305 E Anapanu • \$10 • 3:30pm Su, 3/19.

### GENE TAYLOR TRIO

Boogie Woogie Blues • SOhO • \$10 • 962-7776 • 8pm Su, 3/19.

### OUTDOORS

#### OCEAN DUCKS SWIM

Four Palms to Red Hut • Butterfly Beach Stairs • Free • 569-1220 • 9am Su.

### SPECIAL EVENTS

#### ANACAPA SCHOOL AUCTION

Benefits programs/scholarships for students grades 7-12 • Anacapa School, 814 Santa Barbara St • Free • 965-0228 • 12:30pm Su, 3/19.

#### MULTILINGUAL OPEN MIC NIGHT

A night of stories, spoken word, poetry, & music to welcome artist Cruz Ortiz • El Centro SB, 629 Coronel Place • Free • 966-5373 • 5-7pm Su, 3/19.

#### GIVE A DOG A HOME

ReTail Adoption Ctr, 5737 Calle Real Shopping Ctr • 222-4459 • 11:30am-2pm Su.

#### WEST WIND PUBLIC MARKET

Fresh produce & goods • Camino Real Marketplace, 7004 Marketplace Dr • Free • 10am Su.

## MON. 3/20

### CHILDREN & TEENS

#### COME READ WITH US AT UCSB

Grades 1-8 reading & writing across disciplines • Reading & Language Arts Clinic UCSB • Info: 893-7905 • 3:30-5:30pm Mo-Th.

#### READING & HOMEWORK HELP

Children grades K-6 • Central Library • Free • 564-5619 • 3:30-6:30pm Mo, Tu, Th & 2:30-5:30pm We.

#### COMEDY CLUB FOR TEENS

Teen comedians grades 7-12 • Bronfman Family Jewish Comm Ctr, 524 Chapala St • Free • 4:15pm Mo.

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**www.villagesite.com**

*Where Everyday is an Open House*



# Santa Barbara Chamber Orchestra A Woodwind Affair

By Daniel Kepl / VOICE

**A SUMPTUOUS FEAST OF MUSIC FOR WOODWIND AND BRASS INSTRUMENTS** awaits discerning music lovers this coming Tuesday (March 21) at 7:30pm in the Lobero Theatre when Heichiro Ohyama conducts a program of colorful masterpieces including Poulenc's charming seven movement *Suite Française for Winds, Brass, Percussion, and Harpsichord* (1935); Stravinsky's *Symphonies of Wind Instruments* for a large ensemble of winds and brass (1920); Kurt Weill's *Little Threepenny Music* (1928) for wind orchestra from his iconic opera; and American composer Jeff Scott's evocative *Sacred Women* (2012) for double wind quintet.

"I chose the French horn to be different from all my schoolmates who chose flute, clarinet, and sax; I guess that's been my life story," declared American composer and founding member of the Grammy-nominated quintet Imani Winds, Jeff Scott in a recent email interview with *VOICE*. A native of Queens, Scott began playing the French horn at 14 and can credit the instrument with giving him purpose and direction in life from that early age. His talent resulted

in free lessons during high school when his family's resources were not available and also earned him a scholarship to Brooklyn College Preparatory Division, launching an academic journey to a bachelor's degree from the Manhattan School of Music, where he studied with renowned French hornist, David Jolley, and a master's degree from SUNY Stony Brook studying with William Purvis. Scott's performance credits include *The Lion King* orchestra on Broadway from 1997-2005, and being a member of the Alvin Ailey and Dance Theater of Harlem orchestras since 1995. Scott has also performed on numerous occasions with the Lincoln Center Jazz Orchestra. He has been on the music department

horn faculty at Montclair State Univ., New Jersey since 2002.

"I definitely consider myself a French hornist who composes, though in the approaching autumn years I'm looking to change the balance," Scott confided about which of his talents came first in his life. Arranging music for his Imani Winds quintet opened the door, but in recent years, commissions of all kinds have come his way. Little wonder, his music is vividly narrative and accessible harmonically. *Sacred Women*, which will be heard on Tuesday's program, according to Scott began as a tone poem for Lemanjá, goddess of the sea.

"My travels to northern Brazil and proximity to people of the *candombole* faith led me to an admiration I had to respond to, he recalled of its evolution. "I then felt compelled to explore the legend of other African goddesses. Each movement begins with a musical prayer or call to worship and continues with a celebratory dance in the tonal and rhythmical framework of the particular region."

*Isis* is the subject of the first movement and opens with a flute solo that invokes the goddess. "I purposely chose a particular mode and thought of which instrument could best convey a passionate and spiritual 'sermon'. I wanted the solo to be expansive and reach a point of near exhaustive spiritual heights," he noted of his choice of flute.

The second and third movements, *Lemanjá* and *Mawu* are homages to the Afro/Brazilian goddesses of the sea and creation respectively.

"This work was a shift in musical exploration for me," Scott shared. "It was the first chance I had in composition to score for large ensemble. I had time to develop themes, work within true long form structures (for example A-B-A), and multi-movements."

The work reveals what inspires Scott to compose, "I guess the study of 'the other' informs my music. I call my music Urban Classical Music; music deeply rooted in traditional European structure and tonality that is also informed by my New York urban environment. My goal in my writing is to educate, provoke and unify."

**Daniel Kepl** has been writing music, theatre, and dance reviews or Santa Barbara publications since he was a teenager. His professional expertise is as an orchestra conductor.



## DANCE

### SWING DANCING

Beginner & intermediate class & social dance • Goleta Comm Ctr, 5679 Hollister Av • \$10 • 7-10pm Mo.

## HEALTH

### HAPPINESS & MEDITATION HOUR

Numerous tools to facilitate the elimination of stress and foster peace • Goleta Library, 500 N Fairview Av • Free • 964-7878 • 5-5:30pm Mo.

### ENHANCE YOUR BRAIN POWER

Puzzles, games & memory enhancement exercises • Friendship Ctr, 89 Eucalyptus Ln • \$50 includes lunch • 10am-2pm Mo.

### YOGA & MINDFUL MOVEMENT

Nourish body, mind & spirit • La Casa de Maria, 800 El Bosque Rd • \$12 • 969-5031 • 9-10:15am Mo.

### ACCESSIBLE YOGA

Easy Yoga for all ages with Carole Baral • Bronfman Family Jewish Ctr, 524 Chapala St • Free • 957-1115 • 12:30-2pm Mo.

### GLAUCOMA & HEARING SCREENING

Cottage Hosp. Eye Ctr • Free • 569-8264 • 11am-1pm Mo & 2:30-4:30pm Th.

### COMMUNITY ACUPUNCTURE

Alchemy Arts Ctr, 35 W Haley St • \$15 • 899-8811 • 11am Mo & We.

### YOGA CLASS

La Casa de Maria, 800 El Bosque Rd • \$12 • 969-5031 • 9-10:15am Mo, Fr.

## LECTURES & WORKSHOPS

### EMPOWERED AGING SPEAKER SERIES

Different topics • University Club of Santa Barbara, 1332 Santa Barbara St • Free • 729-5038 • 2-3:30pm 3rd Mo

## MUSIC

### SANTA BARBARA REVELS PUB SING

Traditional Irish tunes, favorite folk classics, salty sea chantees & familiar rounds • Dargan's Irish Pub, 18 E Ortega St • \$15/\$10 includes songbook and beverage • 565-9357 • 6-8pm Mo, 3/20.

### SBCC JAZZ ENSEMBLES

SOHo • \$10 • 962-7776 • 7pm Mo, 3/20.

## SOCIAL

### LEARN TO PLAY BRIDGE

Beginners, inter & advanced • SB Bridge Ctr, 2255 Las Positas Rd • \$15 • Schedule/info: 687-1777 • www.sbbridge.org • 7-9pm Mo.

### SCRABBLE FUN FOR ALL LEVELS

Fun for all ages • Davis Ctr, De La Vina St & Victoria St • Free • 969-6815 • 1pm Mo.

### ITALIAN CONVERSATION GROUP: PARLIAMO

Practice Italian • Arnoldi's, 600 Olive St • Free • parlamo.yolasite.com • 5:30-7pm Mo.

## SPECIAL EVENTS

### PUBLIC MARKET LOCALS NIGHT

Merchant specials, games, prizes & fun • Public Market,



Welcome the change of seasons with music-making and merriment during Santa Barbara Revels' tenth annual Pub Sing on Monday, March 20th from 6 to 8pm at Dargan's Irish Pub & Restaurant, 18 East Ortega St.

Dale la bienvenida al cambio de estaciones con la música y la alegría durante el décimo aniversario anual de "Pub Sing" por los Santa Barbara Revels que tendrá lugar el lunes, 20 de marzo de 6 a 8pm en Dargan's Irish Pub & Restaurant, 18 East Ortega St.

Victoria St at Chapala St • Free • 5pm to closing Mo.

### HELP WITH COMPUTERS, MOBILE DEVICES

One-on-one tutoring for adults • Goleta Library, 500 N Fairview Av • Free • Appt: 964-7878 • 11am-noon Mo.

### SB ELECTRONIC RECYCLING

South Coast Recycling & Transfer Station, 4430 Calle Real • Free • 681-4345 • 7am-5pm Mo-Sa.

## TUE. 3/21

## CHILDREN & TEENS

### PAWS TO READ

Children read to a trained therapy dog • Goleta Library, 500 N Fairview • Free • Drop in: 964-7878 • Tu & Th.

### HOMEWORK HELP

Trained volunteers assist students • Central Library • Free • 564-5603 • 3:30-6:30pm Mo, Tu, We, Th.

## DANCE

### MOMENTUM DANCE COMPANY

Open dance classes with LA instructors in Hip Hop, Jazz & Contemporary • 316 A State St • \$25/\$30 • 364-1638 • 6:30-8pm Tu.

### FLAMENCO DANCE CLASSES

Experienced adult beginners • Montecito Ballet, 527 E Gutierrez St • \$20/\$25 • (917) 254-9808 • 5:30-7pm Tu.

### BALLROOM DANCE FOR BEGINNERS

Improve your skills, refine your technique • SB Dance Ctr, 127 W Canon Perdido St • \$15/class • 636-4410 • 6:30pm Tu.

### COUNTRY DANCES OF ENGLAND

Dances from an earlier time • First Presbyterian Church, 21 E Constance Av • \$5 • www.sbcds.org • 7:30-9:30pm Tu.

### COUNTRY NIGHT

Line dancing lessons • Baja Sharkeez, 525 State St • Free • 8pm Tu.

## HEALTH

### DEATH & CUPCAKES

Group-directed discussion of end-of-life issues • Hospice of SB, 2050 Alameda Padre Serra, Suite 100 • Free • 1-2pm Tu, 3/21.

### DIALECTICAL BEHAVIOR THERAPY GROUP

12 weeks • New Beginnings Counseling Ctr, 324 E Carrillo St • \$20/session • 963-7777x122 • 5:30-7pm Tu, thru 4/25.

### HIV/AIDS THERAPY GROUP

Clients living with HIV/AIDS may process their experiences • Pacific Pride Foundation • Free • Info: 963-3636x130 • 5:30-7pm Tu.

### CAPOEIRA CLASS

Afro-Brazilian martial art • Westside Dance, 2009 De La Vina St • \$15 • 280-9742 • 6:15pm Tu.

### LIVING WELL WITH DIABETES

If you or someone you love has diabetes • Goleta Valley Cottage Hospital • Free • 681-6441 • 10-11am Tu & Th.

### CENTERING PRAYER @ LA CASA DE MARIA

800 El Bosque Rd • Donation • 969-5031 • 10:30-11:30am Tu.

### LUNCHTIME BREATHING MEDITATION

Mahakankala Buddhist Ctr • \$5 • 563-6000 • 12:30-1pm Tu, We, Th.

## LECTURES & WORKSHOPS

### A CONVERSATION BEYOND BORDERS

Discussion about art, social justice, immigration & borders • Mary Craig Aud Museum of Art • Free • RSVP: www.tickets.sbma.net • 5:30pm Tu, 3/21.

### HEATHER LYN MANN BOOK SIGN

*Ocean of Insight: A Sailor's Voyage from Despair to Hope* • Chaucer's Books, 3321 State St • Free • 682-6787 • 7pm Tu, 3/21.

### CALIFORNIA NATIVE PLANT SOCIETY

Subject: The Flora of Lake Cachuma • Botanic Garden, 1212 Mission Cyn Rd • Free • 682-4726 • 7pm Tu, 3/21.

### CHERI LARSEN HOECKLEY TALK

*Redundant Women and Expatriates: Victorian Women Writers Abroad and the Language of Global Sojourning* • Kerrwood Hall Westmont College • Free • 7pm Tu, 3/21.

### INTERMEDIATE BRIDGE CLASS

SB Bridge Ctr, 2255 Las Positas Rd • \$15 • www.sbbridge.org • 1-3pm & 7-9pm Tu.

### ADVANCED BRIDGE CLASS

SB Bridge Ctr, 2255 Las Positas Rd • \$15 • www.sbbridge.org • 10am-noon Tu.

### CENTERING PRAYER W/ SUZANNE DUNN

La Casa de Maria, 800 El Bosque Rd • Donation • 969-5031 • 10:30-11:30am Tu.

### ASSISTANCE WITH EBOOK & AUDIOBOOKS

Drop-in • Central Library • Free • 564-5604 • 4-6pm Tu.

## MUSIC

### A WOODWIND AFFAIR

SB Chamber Orchestra in a program for winds • Lobero Theatre • \$54/\$64 • 963-0761 • 7:30pm Tu, 3/21.

### SHANE KOYCZAN

Spoken word artist with Jamie DeWolf • SOHo • \$20/\$25 • 962-7776 • 8:30pm Tu, 3/21.

## SOCIAL

### SEXY SALAD

Share food, stories & laughter • Impact Hub, 1117 State St • \$5 • Info: 284-0078 • Noon Tu.

### SCHMOOZE ROOM CAFE FOR SENIORS

Food, entertainers, speakers • Bronfman Family Comm Ctr, 524 Chapala St • 957-1115 • 12-1:15pm Tu.



*Monarch Butterfly (Families Do Not Have Borders)* by **Andrea Bowers**

A discussion about art, social justice, immigration, and borders with artists Andrea Bowers and Marcos Ramirez ERRE will be the focus of A Conversation Beyond Borders at the Museum of Art's Mary Craig Auditorium on Tuesday, March 21 at 5:30pm.

Una discusión sobre el arte, la justicia social, la inmigración y las fronteras con los artistas Andrea Bowers y Marcos Ramirez ERRE será el enfoque de una conversación más allá de las fronteras en el Auditorio Mary Craig del Museo de Arte el martes, 21 de marzo a las 5:30pm.

**SPECIAL EVENTS**

**OLD TOWN FARMER'S MARKET**

Old Town State Street • Free • 3-6:30pm Tu.

**SANTA YNEZ VALLEY ELECTRONIC RECYCLING**

4004 Foxen Cyn Rd • Free • 688-3555 • 8:30am-4pm Tu-Sa.

**RENTERS' RIGHTS NOW RALLY**

Wear blue for the City Council meeting. Organized by CAUSE • SB City Hall • Free • 5:30pm rally before 6pm meeting, Tu, 3/21.

**CITY COUNCIL MEETING ON RENT CONTROL**

Arrive early for a seat and speaker slips • SB City Hall, 735 Anacapa St • 6pm Tu, 3/21.

**WED. 3/22**

**CHILDREN & TEENS**

**PRESCHOOL STORYTIME**

Intro to books & listening for Children 2 to 5 • Goleta Library, 500 N Fairview • Free • 964-7878 • 10:30am We & Th.

**DANCE**

**TAP DANCE CLASSES**

Learn to Riff, Chug & Shuffle • Santa Barbara Festival Ballet, 1019 Chapala St • \$31-\$62 per month • Info: 966-0711 • 3:45-4:45pm We.

**LABLAST DANCE**

SB Dance Ctr, 127A W Canon Perdido St • \$15 • 899-2901 • 5:30-6:30pm We.

**COUNTRY DANCE WITH DJ JEFF ROCK**

Line dancing, two-step & swing tunes, as well as today's hottest hits • Butler Events Center, 5555 Hollister Av • \$5 • 6pm We.

**HEALTH**

**COLON CANCER AWARENESS EVENT**

Presentation on *Demystifying the Screening Colonoscopy* • Santa Ynez Valley Cottage Hospital, 2050 Viborg Rd, Solvang • RSVP: (888) 999-8262 • 5-6:30pm We, 3/22.

**JOYFUL YOGA, LEVEL 1-2, GENTLE**

Props provided: yoga blocks, blankets & straps • Unity Chapel, 227 E Arellaga St • \$13/\$15 • Info: www.taniaisac.com • 9:30am We, Fr.

**SUMMERLAND EVENING YOGA**

Hatha 1 Yoga with Bob Andre • Summerland Church, 2400 Lillie Av • \$0-\$15 • 5:30-7pm We.

**TRANSGENDER THERAPY GROUP**

For transgender adult clients • Pacific Pride Foundation • Free •

Info: 963-3636x130 • 5:30-7pm We.

**DIABETES CONSULTATION**

Cost covered by most insurance companies • SB Cottage Hosp • 569-8240 • 1-4pm We, Th.

**ARCHETYPE/PATTERN ANALYSIS**

Alice Keck Park Mem. Garden • Free • 564-1939 • 4-6pm We.

**HEART SMART LECTURE SERIES**

SB Cottage Hosp • Free • 569-7201 • 10-11am We.

**APHASIA RECOVERY GROUP**

Cottage Rehab Hosp • \$15 • 569-8999x82330 • 10-11am We.

**GENTLE HATHA YOGA**

Bronfman Family Jewish Ctr, 524 Chapala St • Donation • 957-1115 • 10:30-Noon We.

**LUNCHTIME GUIDED MEDITATION**

Relaxation & stress relief • Mahakankala Buddhist Ctr, 508 Brinkerhoff Av • \$5 • 563-6000 • 12:30-1pm We.

**LECTURES & WORKSHOPS**

**PREVENTING WORLD WAR III**

Nuclear Age Peace Foundation, 1622 Anacapa St • Free • RSVP: 965-3443 • 11am We, 3/22.

**REALISTIC HOPE RADICAL EMPATHY**

Nuclear Age Peace Foundation, 1622 Anacapa St • Free • RSVP: 965-3443 • 3-5pm We, 3/22.

**POSTER MAKING WORKSHOP**

Led by artist Cruz Ortiz • Bici Centro, 434 Olive St • Free • 2-5pm We, 3/22.

**AUDUBON SOCIETY MEETING**

*Restoring Bird Habitat on the Channel Islands* • Natural History Museum • Free • 967-8767 • 7:30pm We, 3/22.

**INTENTION FLAGS & TALISMANS**

Create beautiful hand painted flags • Art From Scrap, 302 E Cota St • \$30 • 884-0459 • 6pm We, 3/22.

**CRAFT HOUR**

Adult coloring books, drawing & journaling with a new theme each week • Central Library • Free • 564-5659 • 5:30-6:30pm We thru 3/29.

**CUSTOMER SERVICE ACADEMYT**

Tools to help your business grow • Happy People Win • Opal Restaurant, 1325 State St • \$179 • Register: 305-0279 • 9am-4pm We, 3/22-23.

**ACTIVATE! WORKSHOP**

Materials are provided to knit hats, make protest signs and flags, and write letters while coming together in solidarity • MCASB, 653 Paseo Nuevo • Free • 966-5373 • 5:30-7pm Wed, 3/22.

**POSTER-MAKING WORKSHOP**

Make your own poster with artist Cruz Ortiz and his Screen-printing, music-making bicicleta • Free • 966-5373 • 2-5pm at Bici Centro, 434 Olive St & 6-8pm at Casa de la Raza, 601 E Montecito St • Wed, 3/22.

**ESL CONVERSATION GROUP**

English language learners practice with native speakers • Central Library Adult Literacy Ctr • Free • 564-5619 • 5:30-6:30pm We.

**DOG HANDLING CLASS**

Learn how to show your dog the ins & outs of dog shows • SB Humane Society, 5399 Overpass Rd • \$6 • 6:30pm We.

**ASSISTANCE WITH EBOOK & AUDIOBOOKS**

Drop-in • Central Library • Free • 564-5604 • 10-noon We, Fr, Sa.

**MUSIC**

**GOLDISH GUITAR**

Good grub & Goldish guitar • Blush Restaurant & Lounge, 630 State St • Free • 957-1300 • 7pm We.

**COUNTRY NIGHT**

Country dancing: line dance, two-step & swing tunes! Butler Events Ctr, 5555 Hollister Av • \$5 • 6pm We.

**KARAOKE THE BAND**

Dargan's Irish Pub, 18 E Ortega St • Free • 8:30pm We.

**OUTDOORS**

**CACHUMA LAKE EAGLE/WILDLIFE CRUISE**

Two hr lake cruise aboard the Osprey • \$7/\$15 • 686-5050 • 10am & 2pm We, Fr, Sa, Su & 3pm Fr, Sa, Su.

**DOCENT TOUR OF CASA DEL HERRERO**

Montecito's only National Historic Landmark • \$25 • RSVP Required: 565-5653 • 10am & 2pm We & Sa.

**SOCIAL**

**COUNTRY WEDNESDAY NIGHTS**

DJ Jeff Rock spins your favorite hits • Butler Events Ctr, 5555 Hollister Av • \$5 • 6pm We.

**GO CLUB**

Learn the ancient Chinese game GO • Coffee Bean & Tea Leaf Cafe, De La Vina St & State St • Free • 6pm to closing We.

**WINE DOWN HAPPY HOUR**

Relax with friends & a glass of wine • Impact Hub, 1117 State St • \$10 • Info: 284-0078 • 4:30pm We.

**FRENCH CONVERSATION GROUP**

Practice your French • www.sbfrenchgroup.yolasite.com • Arnoldi's, 600 Olive St • Free • 569-1659 • 5:30-7pm, We.

**SPECIAL EVENTS**

**STATE OF THE CITY BREAKFAST**

Presentation with Mayor Helene Schneider & City Administrator Paul Casey • El Paseo Restaurant & Lobero Theatre • \$95/\$75 • 979-5013 • 7am We, 3/22.

**CIRCLE OF LIFE LUNCHEON**

Earl Warren Showgrounds • Free • 683-2145 • www.alphab.org • 11:30am-1pm We, 3/22.

**NORTHSIDE OPTIMIST CLUB BREAKFAST**

Mulligans at Muni Golf Course, 3500 McCaw Av • \$10 • 2nd & 4th We.

**FARMERS MARKET**

SB Cottage Hosp Courtyard • Free • Noon-5pm We.

**THU. 3/23**

**CHILDREN & TEENS**

**SING SANTA BARBARA!**

Choral training for kids grades 1-8 • First Presbyterian Church, 21 E Constance Av • Free first session • 319-2445 • 4-5:15pm Th.

**DANCE**

**LACORE LATIN DANCE FITNESS CLASS**

With Yulia Maluta • SB Athletic Club, 520 Castillo St • Info: (760) 271-7183 • 6:30-7:30pm Th.

**HEALTH**

**PARENTS OF TRANSGENDER CHILDREN**

Process experiences in an affirming clinical setting • Pacific Pride Foundation • Free • 963-3636x130 • 5:30-7pm Th.

**ENHANCE YOUR BRAIN POWER**

Games & memory enhancement exercises • Friendship Ctr, 820 N Fairview Av • \$125 • 722-1306 • \$50 includes lunch • 9:30-1:30pm Th.

**HAVE CHALLENGES IN YOUR LIFE?**

Using the Wellness Recovery Action Plan to make positive changes in our lives • 617 Garden St, 2nd fl • Free • 252-0483 • 6-7:30pm Th.

**MENTAL HEALTH SUPPORT GROUP**

For parents of teens ages 16-26 • Wellness Ctr, 617 Garden St, 2nd fl • Free • 884-8440x3206 • 5:30-6:30pm Th.

**BEYOND OVEREATING**

Skills for long-term weight management for women • 5276 Hollister #457 • \$120/month • 403-9585 • 6-7:30pm Th.

**MINDFULNESS MEDITATION**

La Casa De Maria • Donation • 969-5031 • 6-7pm Th.

**DEPRESSION & ADDICTION SUPPORT**

Newhouse 3, Quinto St & Bath St • Free • 895-2079 • 8-9pm Th.

**CENTERING PRAYER MEDITATION**

La Casa de Maria, 800 El Bosque Rd • Donation • 969-5031 • 1-2pm Th.

**GLAUCOMA & HEARING SCREENINGS**

SBCH MacDougall Eye Ctr, 2400 Bath St • Free • 569-8264 • 2:30-4:30pm Th.

**SPEECH & MOVEMENT ENHANCEMENT**

Cottage Rehab Hosp • \$15 • 569-8999 • 10-11am Th.

**LECTURES & WORKSHOPS**

**CITY OF SB GRANT WORKSHOP**

Mandatory for the three City of Santa Barbara Grant programs • David Gebhard Meeting Rm, 630 Garden St • Free • Register: hannah@sbac.ca.gov • 9am-11am Th, 3/23.

**RUSTY SELIX, JD TALK**

How the current administration's proposed American Health Care Act would change the future of mental health services • Mental Wellness Ctr, 617 Garden St • Free • 884-8440 • 6:30pm Th, 3/23.

**PAINTING THE NATIVES**

6 Thursdays for beginning & advanced students • Botanic Garden • \$200/\$175 • 682-4726 • Noon-3pm Th, 3/23-4/27.

**US CITIZENSHIP EXAM STUDY GROUP**

Spanish language study group • Adult Literacy Ctr, Central Library • Free • 364-1066 • 4-5pm Th.

**CULTIVATE A JOYFUL MIND**

Guided lunchtime meditation • Mahakankala Buddhist Ctr, 508 Brinkerhoff Av • \$5 • 563-6000 • 12:30-1pm Th.

**CENTERING PRAYER MEDITATION**

Hour of silence • La Casa de Maria, 800 El Bosque Rd • Donation • 969-5031 • 1-2pm Th.

**ASSISTANCE WITH EBOOK & AUDIOBOOKS**

Drop-in • Central Library • Free • 564-5604 • 4-6pm Th.

**KNITTING & CROCHETING GROUP**

Montecito Library • Free • 969-5063 • 2-3pm Th.

**MUSIC**

**THE JOHN PIZZARELLI QUARTET**

World-renowned jazz guitarist & singer • Lobero Theatre • \$39-\$105 • 963-0761 • 8pm Th, 3/23.

**CHECKERNECK**

SOHO • \$10 • 962-7776 • 9pm Th, 3/23.

**SARAH DARLING & STEREO CHICKENS**

Standing Sun Live, 92 2nd St, Buellton • \$10 • 691-9413 •

7:30pm Th, 3/23.

**FOLK ORCHESTRA OF SB REHEARSALS**

An amalgam of folk & classical music in exciting, distinctive arrangements • Telegraph Brewing Co, 418 N Salsipuedes St • Free • 260-3223 • 8pm Th.

**SPECIAL EVENTS**

**SANTA BARBARA SKI CLUB TRIP**

Ski trip to Mammoth • \$379-\$659 • Details: 689-2137 • 3/23-27.

**COFFEE & CONNECTIONS**

Marketing, connecting & growing your business • Santa Barbara Zoo • \$40/\$25 • 965-3023 • 7:30-9am Th, 3/23.

**BROWN BAG LUNCH WITH ARTIST CRUZ ORTIZ**

SBCC (in front of Humanities Building) • Free • 966-5373 • 12-1pm Th, 3/23.

**FRI. 3/24**

**LECTURES & WORKSHOPS**

**SCREEN PRINTING WORKSHOP**

Bring your own t-shirts, tote bags, and whatever else you can think of and print away with artist Cruz Ortiz • FUNZONE, 226 S. Milpas St • Free • 966-5373 • 6-8pm Fr, 3/24.

**MUSIC**

**AN EVENING WITH JACK JONES**

One of the greatest singers of all time • Lobero Theatre • \$79/\$62 • 963-0761 • 8pm Fr, 3/24.

**AREA 51**

SOHO • \$8 • 962-7776 • 9:30pm Fr, 3/24.

**SPECIAL EVENTS**

**SHEN YUN**

5,000 years of authentic Chinese culture in dance & music • Granada Theatre • \$70-\$100 • 899-2222 • 7:30pm Fr, 3/24-25, 2pm 3/25 & 1pm 3/26.

**GIANT USED CAR SALE**

Earl Warren Showgrounds • Free • 967-1130 • 9am-8pm Fr, 3/24-26.

**SPORTS**

**WESTMONT BASEBALL**

Vs Vanguard • Russ Carr Field Westmont College • Free • 3pm Fr, 3/24.

**SAT. 3/25**

**DANCE**

**BAHIA MAGIA DANCE COMPANY**

Celebration of the rich history of Brazilian culture • New Vic Theater, 33 W Victoria St • \$35/\$20 • 963-0408 • 2 & 7pm Sa, 3/25.

**BALLROOM DANCE**

3 instructors for all levels • Carrillo Ballroom, 100 E Carrillo St • \$15/\$10 • 564-5418 • 7 pm lesson, 8-10pm social dancing, 4th Sa.

**LECTURES & WORKSHOPS**

**ART FROM SCRAP**

*Wonder of Watercolors* • Art From Scrap, 302 E Cota St • \$8 • 884-0459 • 10am Sa, 3/25.

**MUSIC**

**THE MASTERSONS & MIKE STINSON**

Litling songcraft & charismatic chemistry • Sings Like Hell • Lobero Theatre • \$40 • 963-0761 • 8pm Sa, 3/25.

**WHICH ONE'S PINK?**

Pink Floyd tribute band • SOHO • \$15 • 062-7776 • 9pm Sa, 3/25.

**SANTA BARBARA MUSIC CLUB**

Local musicians play chamber music • Faulkner Gallery Central Library • Free • www.sbmusicclub.org • 3pm Sa, 3/25.

**KASEY ANDERSON**

An intimate night of great music, food & wine • Sanding Sun Live, 92 2nd St, Buellton • \$12/\$17 • 691-9413 • 7:30pm Sa, 3/25.

**ISAIAH RASHAD**

Velvet Jones, 423 State St • \$18 • 965-8676 • 8:30pm Sa, 3/25.

**OUTDOORS**

**FROGWATCH OVERNIGHTER**

Camp overnight on the Santa Ynez River & survey frog & toad vocalization • Santa Barbara Zoo • \$65 for 4/does not include gear/food/gas • 962-5339 • Register: 962-5339 • 3pm Sa, 3/25-noon Su, 3/26.