



Virtual Safari SBTICKET



Courtesy photo

PCPA's versatile company of actors will bring to life freshly premiered plays, penned by current playwrights to your home via Zoom when they present their annual InterPlay reading series from September 18th to October 24th. The season will kick off with *The Agitators* by Mat Smart on September 18th at 7pm and September 19th at 1:30pm. <http://pcpa.org/InterPlay.html>

La versátil compañía de actores de PCPA dará vida a obras recién estrenadas, escritas por dramaturgos actuales a tu hogar a través de Zoom cuando presenten su serie anual de lectura *InterPlay* del 18 de septiembre al 24 de octubre. La temporada comenzará con *The Agitators* por Mat Smart el 18 de septiembre a las 7pm y el 19 de septiembre a la 1:30pm. <http://pcpa.org/InterPlay.html>

Let's Go To The MOVIES
NORTH S.B. COUNTY THEATRES
Movie Listings for 09/11/20-09/17/20

HI-WAY DRIVE-IN, SANTA MARIA
(805) 937-3515 OPEN EVERY DAY
THE NEW MUTANTS - PG13 Starts @ 7:45pm
DEADPOOL - R

All Shows - General Admission \$10.00 / Kids \$4.00
BOX OFFICE OPEN 6:30-9:30p Fr & Sa | 7-9:30pm Su-Th
Radio Active @ 92.1 FM / Find Us On Facebook - Hi Way Drive In

MOVIES LOMPOC - CLOSED
(805) 736-1558 / 736-0146

PARKS PLAZA - CLOSED
(805) 688-7434

www.playingtoday.com

Recovery of White Sharks off California Webinar

The SB Maritime Museum's monthly lecture continues with *Recovery of White Sharks off California and What This Means for Coastal Communities* by Dr. Chris Lowe, Professor of Marine Biology and Director of the Shark Lab, CSU-Long Beach on Thursday, September 17th at 7pm via Zoom. Dr. Lowe will discuss what they have learned about white shark behavior, risks they pose to beach goers, and what coastal communities can expect in the future. The webinar is free, but registration is required. Register at <https://sbmm.org/santa-barbara-events>

Estate Planning During the Time of COVID-19 Webinar

Charitable Gift Planners of Santa Barbara will present a virtual educational meeting titled *Estate Planning During the Time of COVID-19* with Attorney David Graff on Tuesday, September 15th from 12 to 12:45pm. Graff advises individual clients and families planning the transfer of their wealth from one generation to the next, to provide for friends and loved ones, or to accomplish philanthropic goals. For tickets (\$15 members/\$20 non-members) visit <https://tinyurl.com/y44nsy8c>

PCPA's InterPlay Reading Series

PCPA's annual *InterPlay* reading series returns with new stories and diverse, new voices from September 18th to October 24th. PCPA's versatile company of actors will bring freshly premiered plays, penned by current playwrights, to your home via Zoom. The season will kick off with *The Agitators* by Mat Smart on September 18th at 7pm and September 19th at 1:30pm. Other titles include *The Thanksgiving Play*, *The Tall Girls*, *Things I Know To Be True* *Mother Road*, and *Alabama Story*. The cost per play reading is \$5 per viewer. For tickets visit <http://pcpa.org/InterPlay.html>

Virtual SB County Farm Day

In-person Farm Days tours that were to take place in September and November have been canceled due to the pandemic. In their place will be "Farm Day Features," ten-minute videos created by Students for Eco-Education and Agriculture and local growers that will begin premiering the week of September 14th. The videos, designed to give the public a behind-the-scenes look at agricultural issues facing farmers and the types of produce grown in Ventura and Santa Barbara counties, will be available at: www.VenturaCountyFarmDay.com and www.SantaBarbaraCountyFarmDay.com



Celebrate SB's 21st Annual Creek Week

Creek Week is an annual celebration of local creeks, watersheds, and the ocean, with many local organizations hosting events to help build awareness and stewardship of the natural treasures of Santa Barbara, Goleta, and Carpinteria.

While we can't meet in person in 2020 due to the pandemic, community members are encouraged to join in fun and educational self-guided activities, online talks and presentations, beach and neighborhood clean-ups, and much more scheduled from September 19th through 26th. For more info and a schedule of events <http://sbcreekweek.com>



Courtesy photo

The SB Maritime Museum will host a Sustainable Seafood Recipe Contest from September 15th through October 17th. Open to families, couples, and individuals 14 years or older, recipe contest entries must include original recipes using sustainable seafood that can be prepared in 60 minutes or less. For guidelines and to submit recipes visit <https://tinyurl.com/yxus5u4f>

El Museo Marítimo de SB organizará un Concurso de recetas de mariscos sostenibles del 15 de septiembre al 17 de octubre. Abierto a familias, parejas e individuos mayores de 14 años, las inscripciones al concurso de recetas deben incluir recetas originales que utilicen mariscos sostenibles que se puedan preparar en 60 minutos o menos. Para conocer las pautas y enviar recetas, visite <https://tinyurl.com/yxus5u4f>

Santa Barbara Revels Fall Auction!

Now through September 13th, you'll have a chance to purchase gift items, special experiences, and fine dining opportunities while helping to support the Santa Barbara Revels' mission of bringing tradition to life. Proceeds from the auction will help the SB Revels continue their virtual programs including their virtual Equinox Concert scheduled for Sunday, September 27th at 3pm. New auction items are added daily! Access the auction at <https://tinyurl.com/yw2euyw>

Let's Get Cooking!

To support our neighbors in the Harbor and international efforts to promote responsible fishing, The SB Maritime Museum will host a Sustainable Seafood Recipe Contest from September 15th through October 17th. Open to families, couples, and individuals 14 years or older, recipe contest entries must include original recipes using sustainable seafood that can be prepared in 60 minutes or less. Winners will be announced November 1st. For guidelines and to submit recipes visit <https://tinyurl.com/yxus5u4f>

Cor Art Classes: Workshops for the Human Spirit

The Santa Barbara Arts Collaborative will be offering classes for participants to renew, refresh, process, feel some playfulness and freedom, and to learn skills helpful in these changing times. Classes will take place online, or in some cases outdoors in small groups. Thanks to generous support from the Eichholz Foundation and Dana White, class fees are discounted for

all, and scholarships are also available. Music and Storytelling Classes begin September 30th & October 1st. For the full class list, to sign up for a class and/or apply for a scholarship visit www.sbcaaw.org/classes

Heroes of Hospice 2020

Love Shines On, the Heroes of Hospice virtual event on Wednesday, September 16th at 6pm will honor local heroes for their work related to COVID-19 and will be joined live by international Keynote Speaker, Pico Iyer. Hospice of Santa Barbara will honor Steve Ortiz, President & CEO of United Way of Santa Barbara County with the Philanthropy Award, Liliana Encinas and Jose Fierros with the Partnership Award, Zoomers to Boomers with the Volunteer Award, and Dr. Lynn Fitzgibbons with the Medical Award. The event is free, but registration is required. Register at <https://bit.ly/2YqTUha>

De La Guerra Plaza Revitalization Project GoToWebinar

The De La Guerra Plaza Revitalization Advisory Committee will meet Friday, September 11th from 8:30 to 10am via GoToWebinar to discuss and review an initial draft concept drawing.

Register for the meeting at <https://tinyurl.com/yxkaw8ph>

Due to COVID-19 precautions taking place, event cancellations are fluid at this time. Please follow up with event organizers to confirm the event is still taking place.

www.TheTouchofStone.com
Kerry Methner 🐾 805-570-2011

Irresistible sensuality... Quiet, expressive presence... or a joyful skip – Sculpture engages body, mind, & soul. Consider adding an aesthetic wake-up to your environment.

Safari Virtual

EN ESPAÑOL



The SB Maritime Museum's monthly lecture continues with *Recovery of White Sharks off California and What This Means for Coastal Communities* by Dr. Chris Lowe, Professor of Marine Biology and Director of the Shark Lab, CSU-Long Beach on Thursday, September 17th at 7pm via Zoom. The webinar is free, but registration is required. Register at <https://sbmm.org/santa-barbara-events>

La conferencia mensual del Museo Marítimo de SB continúa con *Recuperación de tiburones blancos frente a California y lo que esto significa para las comunidades costeras* por el Dr. Chris Lowe, profesor de biología marina y director del Shark Lab, CSU-Long Beach se llevará a cabo el jueves, 17 de septiembre a las 7pm a través de Zoom. El webinar es gratuito, pero es necesario registrarse. Regístrate en <https://sbmm.org/santa-barbara-events>

Webinario sobre Recuperación de tiburones blancos frente a California

La conferencia mensual del Museo Marítimo de SB continúa con *Recuperación de tiburones blancos frente a California y lo que esto significa para las comunidades costeras* por el Dr. Chris Lowe, profesor de biología marina y director del Shark Lab, CSU-Long Beach se llevará a cabo el jueves, 17 de septiembre a las 7pm a través de Zoom. El Dr. Lowe discutirá lo que han aprendido sobre el comportamiento del tiburón blanco, los riesgos que representan para los amantes de la playa y lo que las comunidades costeras pueden esperar en el futuro. El webinar es gratuito, pero es necesario registrarse. Regístrate en <https://sbmm.org/santa-barbara-events>

Webinario: Planificación patrimonial durante la época de COVID-19

Charitable Gift Planners of Santa Barbara presentará una

reunión educativa virtual titulada *Planificación patrimonial durante la época de COVID-19* con el abogado David Graff el martes, 15 de septiembre de 12 a 12:45pm. Graff asesora a clientes individuales y familias que planifican la transferencia de su patrimonio de una generación a la siguiente, para proveer para sus amigos y seres queridos o para lograr objetivos filantrópicos. Para boletos (\$15 miembros / \$20 los que no son miembros) visita <https://tinyurl.com/y44nsy8c>

Serie de lectura InterPlay de PCPA

La serie de lectura anual *InterPlay* de PCPA regresa con nuevas historias y diversas voces nuevas del 18 de septiembre al 24 de octubre. La versátil compañía de actores de PCPA traerá obras de teatro recién estrenadas, escritas por dramaturgos actuales, a tu hogar a través de Zoom. La temporada comenzará con *The Agitators* por Mat Smart el 18 de septiembre a las 7pm y el 19 de septiembre a la 1:30pm. Otros

títulos incluyen *The Thanksgiving Play*, *The Tall Girls*, *Things I Know To Be True*, *Mother Road* y *Alabama Story*. El costo por lectura de cada obra es de \$5 por espectador. Para boletos visita <http://pcpa.org/InterPlay.html>

Día de la granja del condado de SB Virtual

Los recorridos en persona de Días de la granja que iban a realizarse en septiembre y noviembre se cancelaron debido a la pandemia. En su lugar estarán "Presentaciones del día de la granja," videos de diez minutos creados por Students for Eco-Education and Agriculture (Estudiantes para la educación ecológica y agricultura) y productores locales que comenzarán a estrenarse la semana del 14 de septiembre. Los videos, diseñados para brindarle al público una mirada entre bastidores a los problemas agrícolas que enfrentan los agricultores y los tipos de productos cultivados en los condados de Ventura y Santa Bárbara, estarán disponibles en: www.VenturaCountyFarmDay.com y www.SantaBarbaraCountyFarmDay.com

Celebra Creek Week de SB

Creek Week es una celebración anual de los arroyos locales, las cuencas hidrográficas y el océano, con muchas organizaciones locales organizando eventos para ayudar a crear conciencia y administración de los tesoros naturales de Santa Bárbara, Goleta y Carpintería.

Si bien no podemos reunirnos en persona en el 2020 debido a la pandemia, se alienta a los miembros de la comunidad a participar en actividades divertidas y educativas autoguiadas, charlas y presentaciones en línea, limpiezas de playas y vecindarios, y mucho más desde el 19 al 26 de septiembre. Para más información y un calendario de eventos: <http://sbcreekweek.com>

¡Subasta de otoño de Santa Barbara Revels!

Desde ahora hasta el 13 de septiembre, tendrás la oportunidad



Eco-friendly Land Management
Noxious Weed Abatement
Sustainable Agriculture
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de comprar artículos de regalo, experiencias especiales y oportunidades para cenar mientras ayudas a apoyar la misión de Santa Barbara Revels de dar vida a la tradición. Las ganancias de la subasta ayudarán a SB Revels a continuar con sus programas virtuales, incluyendo su Concierto Equinoccio virtual programado para el domingo, 27 de septiembre a las 3pm. ¡Diariamente se agregan nuevos artículos a la subasta! Accede a la subasta en <https://tinyurl.com/yw2euyw>

¡Vamos a cocinar!

Para apoyar a nuestros vecinos en el puerto y los esfuerzos internacionales para promover la pesca responsable, el Museo Marítimo de SB organizará un concurso de recetas de mariscos sostenibles del 15 de septiembre al 17 de octubre. Abierto a familias, parejas e individuos mayores de 14 años, las inscripciones al concurso de recetas deben incluir recetas originales que utilicen mariscos sostenibles que se puedan preparar en 60 minutos o menos. Los ganadores serán anunciados el 1 de noviembre. Para obtener pautas y enviar recetas, visita <https://tinyurl.com/yxus5u4f>

Clases de Arte "Cor": Talleres para el espíritu humano

La Colaborativa de Artes de Santa Bárbara ofrecerá clases para que los participantes se renueven, refresquen, procesen, sientan alegría y libertad, y aprendan habilidades útiles en estos tiempos cambiantes. Las clases se llevarán a cabo en línea o, en algunos casos, al aire libre en grupos pequeños. Gracias al generoso apoyo de la Fundación Eichholz y Dana White, las tarifas de las clases tienen descuento para todos y también hay becas disponibles. Las clases de música y narración comienzan el 30 de septiembre y el 1 de octubre. Para obtener la lista completa de clases, inscribirte en una clase y/o solicitar una beca, visita www.sbcaaw.org/classes

Héroes del hospicio 2020

El amor brilla, el evento virtual de Héroes del hospicio que tendrá lugar el miércoles, 16 de septiembre a las 6pm honrará a los héroes locales por su trabajo relacionado con COVID-19 y estará acompañado en vivo por el orador principal internacional, Pico Iyer. Hospice of Santa Barbara honrará a Steve Ortiz, presidente y director ejecutivo de United Way del condado de Santa Bárbara con el premio a la filantropía, a Liliana Encinas y a José Fierros con el premio a la asociación, Zoomers to Boomers con el premio al voluntario y a la Dra. Lynn

Debido a las precauciones de COVID-19, las cancelaciones de eventos son fluidas en este momento. Infórmate con los organizadores del evento para confirmar que el evento aún se está llevando a cabo.



Courtesy photo

In-person Farm Days tours that were to take place in September and November have been canceled due to the pandemic. In their place will be "Farm Day Features," ten-minute videos created by Students for Eco-Education and Agriculture and local growers that will begin premiering the week of September 14th at www.VenturaCountyFarmDay.com and www.SantaBarbaraCountyFarmDay.com

Los recorridos en persona de Días de la granja que iban a realizarse en septiembre y noviembre se cancelaron debido a la pandemia. En su lugar estarán "Presentaciones del día de la granja," videos de diez minutos creados por Students for Eco-Education and Agriculture (Estudiantes para la educación ecológica y agricultura) y productores locales que comenzarán a estrenarse la semana del 14 de septiembre en www.VenturaCountyFarmDay.com y www.SantaBarbaraCountyFarmDay.com

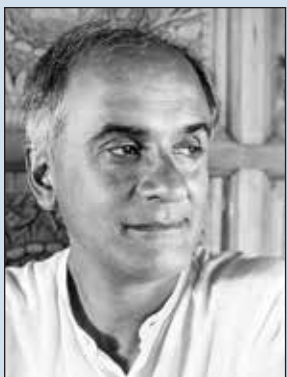
Fitzgibbons con el premio médico El evento es gratis, pero se necesita registrarse. Regístrate en <https://bit.ly/2YqTUha>

GoToWebinar: Proyecto de Revitalización de la Plaza De La Guerra

El Comité Asesor de la Revitalización de la Plaza De La Guerra se reunirá el viernes, 11 de septiembre de 8:30 a 10am a través de GoToWebinar para discutir y revisar un borrador conceptual inicial.

Regístrate para la reunión en <https://tinyurl.com/yxkaw8ph>

Hospice of Santa Barbara's Annual Heroes of Hospice virtual event will take place on Wednesday, September 16th at 6pm. The event will honor local heroes for their work related to COVID-19 and will be joined live by international Keynote Speaker, Pico Iyer who will talk about what opportunities might lie hidden within this season of sadness. The event is free, but registration is required. Register at <https://bit.ly/2YqTUha>



Pico Iyer

Courtesy photo

El evento virtual Héroes del Hospicio de Hospice of Santa Barbara se llevará a cabo el miércoles, 16 de septiembre a las 6pm. El evento honrará a los héroes locales por su trabajo relacionado con COVID-19 y estará acompañado en vivo por el orador principal internacional, Pico Iyer, quien hablará sobre las oportunidades que podrían esconderse dentro de esta temporada de tristeza. El evento es gratis, pero se necesita registrarse. Regístrate en <https://bit.ly/2YqTUha>



Feeling anxious, fatigued, depressed, or just experiencing isolation challenges?

Hypnosis can help.

Reaching into the depths of our unconscious mind, we are able to find the resources needed to remain calm, feel inner peace, and even find joy in the midst of the chaos in our lives and the world. In-person or on-line sessions.

Dr. Ginger Swanson
Certified Medical Support Hypnotherapist

805-886-4716

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Upcoming Events

Clean Up the Coast From Home: Participate in Coastal Cleanup Month this month. Cleanups will happen in neighborhoods across the county on Saturdays from 9am to noon on September 12th, 19th, and 26th. Your cleanups should be self-guided and close to home. Pre-registration is not required, but is encouraged. Register and read the guidelines at www.exploreecology.org/cc

Westmont Friday Concert Series: The Westmont Music Department's concert series continues on September 11th with a world premiere of Songs by Gary Barnett with Nichole Dechaine, Michael Shasberger, and Neil Di Maggio and a Tom Joyce Pipe Organ Recital on September 18th. Performances start at 7pm. Listen to the free recitals at <https://tinyurl.com/y2w2wyrq>

SBMA's Studio Sundays via Zoom: On Sunday, September 13th from 10 to 11am, visitors of all ages are welcome to participate in this month's virtual workshop, led by SBMA Teaching Artists via Zoom and inspired by works of art in the Museum's permanent collection or special exhibitions. Registration is limited to 24 participants for each event: <https://tinyurl.com/y43966e6>

Live-Stream Musical Event: George Gershwin Alone: The Ensemble Theatre Company will present *George Gershwin Alone*, an exclusive live-stream musical event live from Florence, Italy on Sunday, September 13th at 5pm. Purchase includes the live stream on September 13th and a full week of on demand viewing access through September 20th. To purchase (\$55/household + handling fees) visit: <https://tinyurl.com/y4ctmrwz>

PFLAG - Virtual Support Meeting: During times of stress and crisis, support is more important than ever. The pressures and questions facing

LGBTQ+ people and their families continue. Meet and chat with founding member of SB Transgender Advocacy Network on Monday, September 14th at 7pm via Zoom. Pre-registration is required. Register at <https://tinyurl.com/yycr1p6k>

The Anti-Racist Parent Webinar: What does it mean to be an "Anti-Racist Parent"? Join Victor Rios, PhD, tenured professor at UCSB, TED Talk speaker, author, and sociologist on Tuesday, September 15th from 12 to 1pm for his talk *The Anti-Racist Parent: Engaging Youth Through an Equity and Justice Framework*. The talk is free. Register at <https://tinyurl.com/y59qr6c>

Bird Drawing Class with John Muir Laws will continue via Zoom and Facebook Live from 12 to 1:30pm on Tuesday, September 15th with *Rotating Birds and Drawing them at all Angles*. Register at <https://tinyurl.com/y2b3eev5>

'Medicare' Virtual Presentation: Health Insurance Counseling and Advocacy Program's (HICAP) free virtual presentation, *New to Medicare*, will be held Tuesday, September 15th at 10am. To register, contact the local HICAP office at 1-800-434-0222, 1-805-928-5663, Seniors@kcbx.net or online at www.CentralCoastSeniors.org

State Street Ballet's Virtual Summer Series continues with *Chaplin*, a cutting-edge contemporary dance program celebrating unity through dynamic movement on Wednesday, September 16th at 5pm on www.CYA.Live. Watch from the comfort of your own home while simultaneously engaging with members of the company. To watch (\$9.99) visit: www.cya.live/event/1639

AHA!'s Spanish Social-Emotional Learning (SEL) Certification Webinar will take place on Wednesday, September 16th from 6 to 7:15pm via Zoom! This monthly workshop

series teaches important and essential skills that will improve your relationships and well-being. This month's theme is Relationship Skills. Pre-registration is required by September 14th. Register at <https://tinyurl.com/ahataller3>

Regional Business Leaders Webinar: The Chamber has been hosting Friday calls for business leaders and government representatives to connect with the goal to provide updates to the current economic crisis. Join the next call on Friday, September 18th, at 9am. Register in advance at: <https://tinyurl.com/yxta85az>

SBIFF Family Film Fun – Ratatouille: Remy, a rat with impressive chef skills makes an unusual alliance with a young kitchen worker in this week's Family Fun Film, *Ratatouille*. Download the activity guide at <https://tinyurl.com/y4ffb6q3>

SB TICKET

Ongoing Opportunities

MUSEUMS & THE ARTS

SBMA After-School Classes via Zoom: On Tuesdays and Thursdays, from 3 to 4:30pm, beginning September 15th, students ages five to 12 will create artworks during Santa Barbara Museum of Art's After-School Classes via Zoom. Classes run through October 20th. To register (\$100/\$150) visit <https://tinyurl.com/y6l4oab4>

SBNature From Home: The Santa Barbara Museum of Natural History's SBNature From Home page is organized by activities that the community can do outdoors, indoors, or online. Check back for new content. www.sbnature.org/visit/sbnature-from-home

Santa Barbara Museum of Art - Online: The Museum continues to digitally engage the public by offering instructional videos for at-home art projects; a virtual tour of their current exhibition and other works in the collection; as well as lectures, and musical performances from their Video Library. www.sbma.net

UCSB Arts & Lectures: Stay connected with UCSB Arts & Lectures through digital arts and cultural content. Join their email list at www.ArtsAndLectures.UCSB.edu to receive new content.

The Lynda Fairly Carpinteria Arts Center - Online: The Arts Center will be posting daily activities on Facebook and Instagram to inspire the community to create, engage, and connect. Find virtual art classes, live concerts, and music streams, art activities for all ages, and virtual galleries at: <https://carpinteriaartscenter.org>



Santa Barbara Ghost Tours

Walk with Professor Julie as she shares **tales of mystery and history... & meet friendly spirits...**

Call or text to schedule your walking tour! • 805-905-9019

MOXI@Home - Weekly Topics to Inspire

Exploration at Home: Programming will include videos based on weekly themes that will invite you to explore a variety of different scientific phenomena or activities and guide you to exploring it further at home with easy experiments and design challenges. www.moxi.org/athome

Explore Ecology's New Virtual Learning Page:

It's an online classroom that showcases virtual workshops and lessons, field trips for schools, and their latest videos. The learning opportunities are endless! <https://exploreecology.org/virtual-learning>

PCPA Plays On! Though their stages may be dark this summer... *PCPA Plays On!* PCPA will be sharing a variety of virtual programs for all ages that are fun, educational, engaging, and theatre focused to keep you playing too! www.pcpa.org/PCPAPlaysOn/

MUSIC

Camerata Pacifica Concert at Home! 60 to 75 minute programs from the Camerata video library, curated by Artistic Director Adrian Spence, will be shared every Sunday at 10am & 6pm on YouTube Live: <https://tinyurl.com/yb2llz43> 11:30am on Facebook Live: www.facebook.com/cameratasb

Nightly Met Opera Streams: The Metropolitan Opera streams begin at 7:30pm EDT and will remain available on the homepage at www.metopera.org for 20 hours. Schedule of streams www.metopera.org

Sing! Children's Chorus: The Music Academy of the West's children's choral program will offer online rehearsals five days per week over Zoom beginning September 21st. For a more challenging repertoire students can audition for the Sing! Concert Choir. This additional commitment includes Saturday rehearsals. No experience required, free of charge. Learn more, watch concerts, and enroll at www.musicacademy.org/sing

OUTDOORS

Casa del Herrero is open to the general public. While indoor spaces remain closed, guests will now engage in a reimagined self-guided garden tour utilizing QR codes. Book your tour by calling 805-565-5653. Each tour is first come, first serve with a maximum of six visitors allowed per tour. Admission is \$25 per person. For guidelines visit www.casadelherrero.com/tours

Zoom & Bloom Outdoor Learning Camp: The Santa Barbara Botanic Garden is offering a school-time outdoor camp to supplement virtual school for two-week sessions from September 21st through December 18th for elementary school children, ages seven through 12. To register (\$50) visit <https://tinyurl.com/y2c27uyq>

SBMNH's Nature Nook: Sea Center interpreters and volunteers are bringing a little bit of the Sea Center to the SB Museum of Natural History's campus with the new Nature Nook,

offering engaging Museum and Sea Center activities. Check out the web calendar to plan your next August visit at www.sbnature.org/visit/calendar

The Sea Center Outdoor Spaces are open to the public Saturdays and Sundays, from noon to 4pm. Visitors will have access to the Wet Deck for exploring life beneath Stearns Wharf and touch the Swell Sharks, sea anemones, sea stars, and other animals. www.sbnature.org

SB Zoo Extended Summer Hours: The Zoo's hours of operation have been extended from 10am to 7pm with early entry for Zoo Members starting at 9am. Online reservations are still required. Reserve your spot at www.sbzoo.org

Solvang Food Tours Open: Eat This Shoot That invites you to enjoy a three hour outdoor food tour and stroll through iconic Solvang. Use code FOODIENL10 to get ten percent off all in-person food tour tickets. To buy tickets (\$109/\$99) visit <https://tinyurl.com/yxbttas5>

The Gaviota Coast Conservancy: Recommends three walks that you can take on the Gaviota Coast: Coal Oil Point Reserve and Devereux Slough, Baron Ranch, and Arroyo Hondo Preserve. <https://tinyurl.com/y7rn6jyt>

Open Days at Arroyo Hondo Preserve: Hike at the Arroyo Hondo Preserve on the first and third weekends of the month from 10am to 4pm and Mondays and Wednesdays from 10am-1pm. It's free to visit and reservations are required. Pets are not allowed. Fill out the reservation form <https://tinyurl.com/yd6so7uk>

The Santa Barbara Botanic Garden is Open to the general public from Friday to Tuesday, 10am to 5pm, and to members only from 9am to 10am. No reservations are required, but visitors must wear a mask and practice social distancing. Register for online classes/events: www.sbbg.org/classes-events

SB Museum of Natural History has opened its outdoor exhibits by reservation only from Wednesday to Sunday. Guests will have access to wander the *Butterflies Alive!* exhibit and then explore the Backyard and shady wooded areas along Mission Creek. www.sbnature.org

Lotusland Open to the Public: Lotusland is safe, spacious, and socially-distant by its very nature. Reservations will be scheduled with staggered arrival times and all visitors will be limited to no more than two-hours in the Garden. All visitors are required to wear face masks. To reserve a Self-Guided Tour call 805.969.9990. www.lotusland.org

Carpinteria Birdwatchers Virtual Meetings: Carpinteria Birdwatchers have evening birdwatching classes and morning birdwatching outings, all free and open to all ages and ability levels. Meetings are weekly and online via Zoom until further notice Thursdays, from 4 to 5:15pm. Each week will focus on a different topic. Join the current meeting by visiting <https://tinyurl.com/y9rhepyj>

RESOURCES & WORKSHOPS

Nature At Your Fingertips: From art projects, to stories, to natural recipes, Wilderness Youth

Project is providing resources that deeply engage children and adults with the natural world. Access the Free Nature Resource Portal at <https://wyp.org/resource-portal/> and check back every week to see what fun new offerings are added.

Cottage Health's Free Online Resources for Families: Offering fun and educational resources to help families cope and spend productive time together. The page has everything from free coloring book pages to online Broadway plays to NASA tours. Choose a new activity every day at <https://tinyurl.com/yc6t9uxa>

To view more online COVID-19 resources for parents and children visit <https://tinyurl.com/y8ffq28m>

Webinars for Your Business to Navigate COVID-19:

Webinars on a variety of topics to help the business community survive and navigate the COVID-19 public health crisis. Visit the following websites to see what they have to offer: Economic Development Collaborative (EDC) www.EDCollaborative.com; Womens Economic Ventures (WEV) www.WEVOonline.org; Traffic Solutions www.trafficsolutions.org; SCORE Santa Barbara <https://tinyurl.com/yxh2qz5c>; and The Chamber of the Santa Barbara Region www.SBChamber.org

The Importance of Activities, Mindfulness, and Community for Vitality: The Friendship Center is committed to bringing activities and engagement to you at home! They will be hosting live activity sessions through Zoom and Facebook live every Monday-Thursday. Join Zoom Meetings at: <https://us02web.zoom.us/j/257870485> Meeting ID: 257-870-485 Facebook Live: <https://tinyurl.com/y9yktm8>

AHA! Free Online Workshops: From topics such as Body Image During Corona to Parenting in Place to Couples' Issues in Extreme Conditions, AHA! therapists and coaches are offering free online workshops. Preregistration is required. For a complete schedule and to register visit <https://ahasb.org/>

Mahakankala Buddhist Center Online Classes: As long as the quarantine lasts, Center classes have been moved online. Evening classes on Wednesdays and Thursdays, from 6:30 to 7:30pm, begin with a guided breathing meditation and culminate with a second meditation based upon the evening's topic. The Sunday morning class from 10:30 to 11:45am is a practice class with commentary. Suggested donation for class is \$10. Register at <https://tinyurl.com/y9ea3wpj>

SBPL Works! offers Help for Job Seekers: Looking for a job or to improve your career skills? The SB Public Library's professional staff in their workforce development program SBPL Works! are ready to help you with one-to-one consultations in English or Spanish remotely. Free and open to all and by appointment. Complete the survey at: <https://tinyurl.com/y9jmn8fx>

Fighting Hate From Home Webinars: At a time when we can all feel isolated, we need to

pull together more than ever to stand up against antisemitism and extremism. The Anti-Defamation League is offering a series of webinars, Fighting Hate from Home, to help unite and inform the community. Sign up for ADL's email list to receive notifications each week about the next event in the webinar series. www.adl.org/webinars

Watch archived webinars at <https://tinyurl.com/yc6ynu6z>

Library & Community Resources for Mental Wellness: Find links to community and national resources about mental health at <https://tinyurl.com/yalfwj9m>

The Library also has books and resources for you to help you cope. Browse the Mental Health Awareness Month collection on Overdrive <https://tinyurl.com/yamjtp6>

Library Sidewalk Service Locations Added at Eastside, Montecito, and Carpinteria locations in addition to Central Library. Days and times for each location vary. Book drops will also be open at each location during Sidewalk Service hours. This contactless pickup service is only available to SBPL cardholders. <https://tinyurl.com/y7pkvas7>

COVID-19 Isolation Support Group: New Beginnings is offering a free COVID-19 Isolation Support Group on Mondays from 5:30 to 7pm via Zoom. To sign up call or text 805-419-3212. <https://tinyurl.com/y23zn2r>

SBMM Maritime On The Move: Brings museum-quality experiences to sites throughout Santa Barbara County. These adventures begin outdoors and incorporate engaging activities for students to enjoy while exploring local ecosystems and biomes found in their own backyard. Programs can be customized. www.sbmm.org/at-home

United Boys & Girls Clubs of SB County After-School program: Monday through Friday 3 to 6pm. Free for all students who qualify for free and reduced lunch. For three hours every weekday, hundreds of children will be able to take dance and yoga classes, learn organic gardening, take part in outdoor activities, and eat a healthy snack. Register at: www.uniteddbg.org/parent

Teddy Bear Cancer Foundation's Gold Ribbon Campaign will run throughout the month of September to raise funds during National Childhood Cancer Awareness Month. This year, the Campaign is solely focused on raising funds and awareness for the organization and the families they serve. To donate visit <https://bit.ly/3118Gkm>

TEDxSantaBarbara Spurs Change: TEDxSantaBarbara, a locally organized offshoot of the international TED nonprofit, kicked off *Making Waves: Conversations with Influencers and Disruptors*, a series of virtual talks to address two major issues facing society today – COVID-19 and systemic racism. The online events will be free and broadcasted live on Zoom and Facebook on Wednesdays at 4pm through December 2020. Reserve tickets at: www.TEDxSantaBarbara.com